

## **Evening Prayer**

### **Friday after the Fourth Sunday in Lent**

O worship the Lord in the beauty of holiness; let the whole earth stand in awe of him.

*Psalm 96:9*

### **Confession of Sin**

Let us humbly confess our sins unto Almighty God.

**Almighty and most merciful Father,  
we have erred and strayed from thy ways like lost sheep,  
we have followed too much the devices and desires of our own hearts,  
we have offended against thy holy laws,  
we have left undone those things which we ought to have done,  
and we have done those things which we ought not to have done.  
But thou, O Lord, have mercy upon us,  
spare thou those who confess their faults,  
restore thou those who are penitent,  
according to thy promises declared unto mankind  
in Christ Jesus our Lord;  
and grant, O most merciful Father, for his sake,  
that we may hereafter live a godly, righteous, and sober life,  
to the glory of thy holy Name. Amen.**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

### **Invitatory and Psalter**

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*Officiant* O God, make speed to save us.

*People* O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost: \*

As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **O Gracious Light**

O gracious Light,  
pure brightness of the everliving Father in heaven,  
O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,  
and our eyes behold the vesper light,  
we sing thy praises, O God: Father, Son, and Holy Spirit.

Thou art worthy at all times to be praised by happy voices,  
O Son of God, O Giver of life,  
and to be glorified through all the worlds.

## **Psalm 107: Part I**

O give thanks unto the Lord, for he is gracious \*  
and his mercy endureth for ever.  
Let them give thanks whom the Lord hath redeemed \*  
and delivered from the hand of the enemy;  
And gathered them out of the lands, from the east, and from the west \*  
from the north, and from the south.  
They went astray in the wilderness out of the way \*  
and found no city to dwell in;  
Hungry and thirsty \*  
their soul fainted in them.  
So they cried unto the Lord in their trouble \*  
and he delivered them from their distress.  
He led them forth by the right way \*  
that they might go to the city where they dwelt.  
O that men would therefore praise the Lord for his goodness \*  
and declare the wonders that he doeth for the children of men!  
For he satisfieth the empty soul \*  
and filleth the hungry soul with goodness.  
Such as sit in darkness, and in the shadow of death \*  
being fast bound in misery and iron;  
Because they rebelled against the words of the Lord \*  
and lightly regarded the counsel of the most Highest;  
He also brought down their heart through heaviness \*  
they fell down, and there was none to help them.  
So when they cried unto the Lord in their trouble \*  
he delivered them out of their distress.  
For he brought them out of darkness, and out of the shadow of death \*  
and brake their bonds in sunder.  
O that men would therefore praise the Lord for his goodness \*  
and declare the wonders that he doeth for the children of men !  
For he hath broken the gates of brass \*  
and smitten the bars of iron in sunder.

Foolish men are plagued for their offence \*  
 and because of their wickedness.  
 Their soul abhorred all manner of meat \*  
 and they were even hard at death's door.  
 So when they cried unto the Lord in their trouble \*  
 he delivered them out of their distress.  
 He sent his word, and healed them \*  
 and they were saved from their destruction.  
 O that men would therefore praise the Lord for his goodness \*  
 and declare the wonders that he doeth for the children of men!  
 That they would offer unto him the sacrifice of thanksgiving \*  
 and tell out his works with gladness!  
 They that go down to the sea in ships \*  
 and occupy their business in great waters;  
 These men see the works of the Lord \*  
 and his wonders in the deep.  
 For at his word the stormy wind ariseth \*  
 which lifteth up the waves thereof.  
 They are carried up to the heaven, and down again to the deep \*  
 their soul melteth away because of the trouble.  
 They reel to and fro, and stagger like a drunken man \*  
 and are at their wit's end.  
 So when they cry unto the Lord in their trouble \*  
 he delivereth them out of their distress.  
 For he maketh the storm to cease \*  
 so that the waves thereof are still.  
 Then are they glad, because they are at rest \*  
 and so he bringeth them unto the haven where they would be.  
 O that men would therefore praise the Lord for his goodness \*  
 and declare the wonders that he doeth for the children of men!  
 That they would exalt him also in the congregation of the people \*  
 and praise him in the seat of the elders!  
 Glory be to the Father, and to the Son, and to the Holy Ghost: \*  
 As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **The Lessons**

### **The First Lesson**

**John 6:52-59**

A Reading from the Gospel According to John.

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your

ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum.

The Word of the Lord.

Thanks be to God.

### **3. The Song of Mary**

*Luke 1:46-55*

My soul doth magnify the Lord, \*  
and my spirit hath rejoiced in God my Savior.  
For he hath regarded \*  
the lowliness of his handmaiden.  
For behold from henceforth \*  
all generations shall call me blessed.  
For he that is mighty hath magnified me, \*  
and holy is his Name.  
And his mercy is on them that fear him \*  
throughout all generations.  
He hath showed strength with his arm; \*  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat, \*  
and hath exalted the humble and meek.  
He hath filled the hungry with good things, \*  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel, \*  
as he promised to our forefathers,  
Abraham and his seed for ever.  
Glory be to the Father, and to the Son, and to the Holy Ghost: \*  
As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **The Apostles' Creed**

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**I believe in God, the Father almighty,  
maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.  
The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,**

**the resurrection of the body,  
and the life everlasting. Amen.**

## **The Prayers**

*Officiant*      The Lord be with you.

*People* And with thy spirit.

*Officiant*      Let us pray.

## **The Lord's Prayer**

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **Suffrages A**

*V.*      O Lord, show thy mercy upon us;  
*R.*      And grant us thy salvation.  
*V.*      Endue thy ministers with righteousness;  
*R.*      And make thy chosen people joyful.  
*V.*      Give peace, O Lord, in all the world;  
*R.*      For only in thee can we live in safety.  
*V.*      Lord, keep this nation under thy care;  
*R.*      And guide us in the way of justice and truth.  
*V.*      Let thy way be known upon earth;  
*R.*      Thy saving health among all nations.  
*V.*      Let not the needy, O Lord, be forgotten;  
*R.*      Nor the hope of the poor be taken away.  
*V.*      Create in us clean hearts, O God;  
*R.*      And sustain us with thy Holy Spirit.

### **The Collect of the Day**

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

### **The Collect of the Day**

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

### **A Collect for Fridays**

O Lord Jesus Christ, who by thy death didst take away the sting of death: Grant unto us thy servants so to follow in faith where thou hast led the way, that we may at length fall asleep peacefully in thee, and awake up after thy likeness; for thy tender mercies' sake. Amen.

### **A Prayer for Mission**

O God, who dost manifest in thy servants the signs of thy presence: Send forth upon us the Spirit of love, that in companionship with one another thine abounding grace may increase among us; through Jesus Christ our Lord. Amen.

*Let us pray now for our own needs and those of others.*

### **A Prayer of St. Chrysostom**

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Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. Amen.

Let us bless the Lord.  
Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

*Ephesians 3:20,21*