

## Morning Prayer

### Holy Saturday

All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.

*Isaiah 53:6*

### Invitatory and Psalter

**BCP p. 80**

*Officiant* Lord, open our lips.

*People* **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

### Venite

***Psalm 95:1-7***

*The Lord is full of compassion and mercy: Come let us adore him.*

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

*The Lord is full of compassion and mercy: Come let us adore him.*

### Psalm 88

**BCP p. 712**

O LORD, my God, my Savior, \*

by day and night I cry to you.

Let my prayer enter into your presence; \*

incline your ear to my lamentation.

For I am full of trouble; \*

my life is at the brink of the grave.

I am counted among those who go down to the Pit; \*

I have become like one who has no strength;

Lost among the dead, \*  
like the slain who lie in the grave,  
Whom you remember no more, \*  
for they are cut off from your hand.  
You have laid me in the depths of the Pit, \*  
in dark places, and in the abyss.  
Your anger weighs upon me heavily, \*  
and all your great waves overwhelm me.  
You have put my friends far from me; you have made me to be abhorred by them; \*  
I am in prison and cannot get free.  
My sight has failed me because of trouble; \*  
LORD, I have called upon you daily; I have stretched out my hands to you.  
Do you work wonders for the dead? \*  
will those who have died stand up and give you thanks?  
Will your loving-kindness be declared in the grave? \*  
your faithfulness in the land of destruction?  
Will your wonders be known in the dark? \*  
or your righteousness in the country where all is forgotten?  
But as for me, O LORD, I cry to you for help; \*  
in the morning my prayer comes before you.  
LORD, why have you rejected me? \*  
why have you hidden your face from me?  
Ever since my youth, I have been wretched and at the point of death; \*  
I have borne your terrors with a troubled mind.  
Your blazing anger has swept over me; \*  
your terrors have destroyed me;  
They surround me all day long like a flood; \*  
they encompass me on every side.  
My friend and my neighbor you have put away from me, \*  
and darkness is my only companion.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Lessons**

### **The First Lesson Lam. 3:37-58**

A Reading from the Book of Lamentations.

Who can command and have it done, if the Lord has not ordained it? Is it not from the mouth of the Most High that good and bad come? Why should any who draw breath complain about the punishment of their sins? Let us test and examine our ways, and return to the LORD. Let us lift up our hearts as well as our hands to God in heaven.

We have transgressed and rebelled, and you have not forgiven. You have wrapped yourself with anger and pursued us, killing without pity; you have wrapped yourself with a cloud so that no prayer can pass through. You have made us filth and rubbish among the peoples. All our enemies have opened their mouths against us; panic and pitfall have come upon us, devastation and destruction. My eyes flow with rivers of tears because of the destruction of my people. My eyes will flow without ceasing, without respite, until the LORD from heaven looks down and sees. My eyes cause me grief at the fate of all the young women in my city. Those who were my

enemies without cause have hunted me like a bird; they flung me alive into a pit and hurled stones on me; water closed over my head; I said, "I am lost."

I called on your name, O LORD, from the depths of the pit; you heard my plea, "Do not close your ear to my cry for help, but give me relief!" You came near when I called on you; you said, "Do not fear!" You have taken up my cause, O Lord, you have redeemed my life.

The Word of the Lord.

**Thanks be to God.**

## 12. A Song of Creation     *Song of the Three Young Men, 35-65*

### *Invocation*

Glorify the Lord, all you works of the Lord, \*  
praise him and highly exalt him for ever.  
In the firmament of his power, glorify the Lord, \*  
praise him and highly exalt him for ever.

### *I The Cosmic Order*

Glorify the Lord, you angels and all powers of the Lord, \*  
O heavens and all waters above the heavens.  
Sun and moon and stars of the sky, glorify the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, every shower of rain and fall of dew, \*  
all winds and fire and heat.  
Winter and Summer, glorify the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O chill and cold, \*  
drops of dew and flakes of snow  
Frost and cold, ice and sleet, glorify the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O nights and days, \*  
O shining light and enfolding dark.  
Storm clouds and thunderbolts, glorify the Lord, \*  
praise him and highly exalt him for ever.

### *II The Earth and its Creatures*

Let the earth glorify the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O mountains and hills, and all that grows upon the earth, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O springs of water, seas, and streams, \*  
O whales and all that move in the waters.

All birds of the air, glorify the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O beasts of the wild, \*  
and all you flocks and herds.  
O men and women everywhere, glorify the Lord, \*  
praise him and highly exalt him for ever.

### *III The People of God*

Let the people of God glorify the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O priests and servants of the Lord, \*  
praise him and highly exalt him for ever.  
Glorify the Lord, O spirits and souls of the righteous, \*  
praise him and highly exalt him for ever.  
You that are holy and humble of heart, glorify the Lord, \*  
praise him and highly exalt him for ever.

### *Doxology*

Let us glorify the Lord: Father, Son, and Holy Spirit; \*  
praise him and highly exalt him for ever.  
In the firmament of his power, glorify the Lord, \*  
praise him and highly exalt him for ever.

### **The Second Lesson Heb. 4:1-16**

A Reading from the Book of Hebrews.

Therefore, while the promise of entering his rest is still open, let us take care that none of you should seem to have failed to reach it. For indeed the good news came to us just as to them; but the message they heard did not benefit them, because they were not united by faith with those who listened. For we who have believed enter that rest, just as God has said, “As in my anger I swore, ‘They shall not enter my rest,’” though his works were finished at the foundation of the world. For in one place it speaks about the seventh day as follows, “And God rested on the seventh day from all his works.” And again in this place it says, “They shall not enter my rest.” Since therefore it remains open for some to enter it, and those who formerly received the good news failed to enter because of disobedience, again he sets a certain day—“today” —saying through David much later, in the words already quoted, “Today, if you hear his voice, do not harden your hearts.” For if Joshua had given them rest, God would not speak later about another day. So then, a sabbath rest still remains for the people of God; for those who enter God’s rest also cease from their labors as God did from his.

Let us therefore make every effort to enter that rest, so that no one may fall through such disobedience as theirs. Indeed, the word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account. Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses,

but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

The Word of the Lord.  
**Thanks be to God.**

### **19. The Song of the Redeemed**      *Revelation 15:3-4*

O ruler of the universe, Lord God, great deeds are they that you have done, \*  
surpassing human understanding.  
Your ways are ways of righteousness and truth, \*  
O King of all the ages.  
Who can fail to do you homage, Lord, and sing the praises of your Name? \*  
for you only are the Holy One.  
All nations will draw near and fall down before you, \*  
because your just and holy works have been revealed.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

### **“The Lord’s descent into hell”**

**attr. to St. Epiphanius of Cyprus**

What is happening? Today there is a great silence over the earth, a great silence, and stillness, a great silence because the King sleeps; the earth was in terror and was still, because God slept in the flesh and raised up those who were sleeping from the ages. God has died in the flesh, and the underworld has trembled.

Truly he goes to seek out our first parent like a lost sheep; he wishes to visit those who sit in darkness and in the shadow of death. He goes to free the prisoner Adam and his fellow-prisoner Eve from their pains, he who is God, and Adam's son.

The Lord goes in to them holding his victorious weapon, his cross. When Adam, the first created man, sees him, he strikes his breast in terror and calls out to all: 'My Lord be with you all. And Christ in reply says to Adam: 'And with your spirit.' And grasping his hand he raises him up, saying: 'Awake, O sleeper, and arise from the dead, and Christ shall give you light.

'I am your God, who for your sake became your son, who for you and your descendants now speak and command with authority those in prison: Come forth, and those in darkness: Have light, and those who sleep: Rise.

'I command you: Awake, sleeper, I have not made you to be held a prisoner in the underworld. Arise from the dead; I am the life of the dead. Arise, O man, work of my hands, arise, you who were fashioned in my image. Rise, let us go hence; for you in me and I in you, together we are one undivided person.

'For you, I your God became your son; for you, I the Master took on your form; that of slave; for you, I who am above the heavens came on earth and under the earth; for you, man, I became as a man without help, free among the dead; for you, who left a garden, I was handed over to Jews from a garden and crucified in a garden.

‘Look at the spittle on my face, which I received because of you, in order to restore you to that first divine inbreathing at creation. See the blows on my cheeks, which I accepted in order to refashion your distorted form to my own image.

See the scourging of my back, which I accepted in order to disperse the load of your sins which was laid upon your back. See my hands nailed to the tree for a good purpose, for you, who stretched out your hand to the tree for an evil one.

‘I slept on the cross and a sword pierced my side, for you, who slept in paradise and brought forth Eve from your side. My side healed the pain of your side; my sleep will release you from your sleep in Hades; my sword has checked the sword which was turned against you.

‘But arise, let us go hence. The enemy brought you out of the land of paradise; I will reinstate you, no longer in paradise, but on the throne of heaven. I denied you the tree of life, which was a figure, but now I myself am united to you, I who am life. I posted the cherubim to guard you as they would slaves; now I make the cherubim worship you as they would God.

‘The cherubim throne has been prepared, the bearers are ready and waiting, the bridal chamber is in order, the food is provided, the everlasting houses and rooms are in readiness; the treasures of good things have been opened; the kingdom of heaven has been prepared before the ages.’

### **The Apostles’ Creed**

**BCP p. 96**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,**

**the holy catholic Church,**

**the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body,**

**and the life everlasting. Amen.**

### **The Prayers**

**BCP p. 97**

*Officiant* The Lord be with you.

*People* **And also with you.**

*Officiant* Let us pray.

### **The Lord’s Prayer**

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

#### **Suffrages for Use in Morning Prayer EOW 1 p. 42**

V. Help us, O God our Savior;  
R. **Deliver us and forgive us our sins.**  
V. Look upon your congregation.  
R. **Give to your people the blessing of peace.**  
V. Declare your glory among the nations;  
R. **And your wonders among all peoples.**  
V. Do not let the oppressed be shamed and turned away;  
R. **Never forget the lives of your poor.**  
V. Continue your loving-kindness to those who know you;  
R. **And your favor to those who are true of heart.**  
V. Satisfy us by your loving-kindness in the morning;  
R. **So shall we rejoice and be glad all the days of our life.**

#### **Holy Saturday**

O God, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

#### **A Collect for Saturdays**

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. **Amen.**

#### **A Prayer for Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all

members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

*Let us pray for our own needs and those of others.*

**The General Thanksgiving**

**BCP p. 101**

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

**Thanks be to God.**

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

*Romans 15:13*