

Morning Prayer

Wednesday after the Tenth Sunday after Pentecost

God is Spirit, and those who worship must worship in spirit and in truth.

John 4:24

Invitatory and Psalter

BCP p. 80

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Venite

Psalms 95:1-7

The mercy of the Lord is everlasting: Come let us adore him.

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

The mercy of the Lord is everlasting: Come let us adore him.

Psalms 119: Mem

BCP p. 771

Oh, how I love your law! *

all the day long it is in my mind.

Your commandment has made me wiser than my enemies, *

and it is always with me.

I have more understanding than all my teachers, *

for your decrees are my study.

I am wiser than the elders, *

because I observe your commandments.

I restrain my feet from every evil way, *
that I may keep your word.
I do not shrink from your judgments, *
because you yourself have taught me.
How sweet are your words to my taste! *
they are sweeter than honey to my mouth.
Through your commandments I gain understanding; *
therefore I hate every lying way.

Psalm 119: Nun

BCP p. 772

Your word is a lantern to my feet *
and a light upon my path.
I have sworn and am determined *
to keep your righteous judgments.
I am deeply troubled; *
preserve my life, O LORD, according to your word.
Accept, O LORD, the willing tribute of my lips, *
and teach me your judgments.
My life is always in my hand, *
yet I do not forget your law.
The wicked have set a trap for me, *
but I have not strayed from your commandments.
Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.
I have applied my heart to fulfill your statutes *
for ever and to the end.

Psalm 119: Samekh

BCP p. 772

I hate those who have a divided heart, *
but your law do I love.
You are my refuge and shield; *
my hope is in your word.
Away from me, you wicked! *
I will keep the commandments of my God.
Sustain me according to your promise, that I may live, *
and let me not be disappointed in my hope.
Hold me up, and I shall be safe, *
and my delight shall be ever in your statutes.
You spurn all who stray from your statutes; *
their deceitfulness is in vain.
In your sight all the wicked of the earth are but dross; *
therefore I love your decrees.
My flesh trembles with dread of you; *
I am afraid of your judgments.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson Judges 7:19-8:12

A Reading from the Book of Judges.

So Gideon and the hundred who were with him came to the outskirts of the camp at the beginning of the middle watch, when they had just set the watch; and they blew the trumpets and smashed the jars that were in their hands. So the three companies blew the trumpets and broke the jars, holding in their left hands the torches, and in their right hands the trumpets to blow; and they cried, "A sword for the LORD and for Gideon!" Every man stood in his place all around the camp, and all the men in camp ran; they cried out and fled. When they blew the three hundred trumpets, the LORD set every man's sword against his fellow and against all the army; and the army fled as far as Beth-shittah toward Zererah, as far as the border of Abel-meholah, by Tabbath.

And the men of Israel were called out from Naphtali and from Asher and from all Manasseh, and they pursued after the Midianites. Then Gideon sent messengers throughout all the hill country of Ephraim, saying, "Come down against the Midianites and seize the waters against them, as far as Beth-barah, and also the Jordan." So all the men of Ephraim were called out, and they seized the waters as far as Beth-barah, and also the Jordan. They captured the two captains of Midian, Oreb and Zeeb; they killed Oreb at the rock of Oreb, and Zeeb they killed at the wine press of Zeeb, as they pursued the Midianites. They brought the heads of Oreb and Zeeb to Gideon beyond the Jordan.

Then the Ephraimites said to him, "What have you done to us, not to call us when you went to fight against the Midianites?" And they upbraided him violently. So he said to them, "What have I done now in comparison with you? Is not the gleaning of the grapes of Ephraim better than the vintage of Abiezer? God has given into your hands the captains of Midian, Oreb and Zeeb; what have I been able to do in comparison with you?" When he said this, their anger against him subsided.

Then Gideon came to the Jordan and crossed over, he and the three hundred who were with him, exhausted and famished. So he said to the people of Succoth, "Please give some loaves of bread to my followers, for they are exhausted, and I am pursuing Zebah and Zalmunna, the kings of Midian." But the officials of Succoth said, "Do you already have in your possession the hands of Zebah and Zalmunna, that we should give bread to your army?" Gideon replied, "Well then, when the LORD has given Zebah and Zalmunna into my hand, I will trample your flesh on the thorns of the wilderness and on briers." From there he went up to Penuel, and made the same request of them; and the people of Penuel answered him as the people of Succoth had answered. So he said to the people of Penuel, "When I come back victorious, I will break down this tower." Now Zebah and Zalmunna were in Karkor with their army, about fifteen thousand men, all who were left of all the army of the people of the East; for one hundred twenty thousand men bearing arms had fallen. So Gideon went up by the caravan route east of Nobah and Jogbehah, and attacked the army; for the army was off its guard. Zebah and Zalmunna fled; and he pursued them and took the two kings of Midian, Zebah and Zalmunna, and threw all the army into a panic.

The Word of the Lord.

Thanks be to God.

11. The Third Song of Isaiah *Isaiah 60:1-3, 11a, 14c, 18-19*

Arise, shine, for your light has come, *
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land; *
deep gloom enshrouds the peoples.
But over you the Lord will rise, *
and his glory will appear upon you.
Nations will stream to your light, *
and kings to the brightness of your dawning.
Your gates will always be open; *
by day or night they will never be shut.
They will call you, The City of the Lord, *
The Zion of the Holy One of Israel.
Violence will no more be heard in your land, *
ruin or destruction within your borders.
You will call your walls, Salvation, *
and all your portals, Praise.
The sun will no more be your light by day; *
by night you will not need the brightness of the moon.
The Lord will be your everlasting light, *
and your God will be your glory.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson *John 1:29-42*

A Reading from the Gospel According to John.

The next day he saw Jesus coming toward him and declared, “Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, After me comes a man who ranks ahead of me because he was before me.’ I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel.” And John testified, “I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.’ And I myself have seen and have testified that this is the Son of God.” The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, “Look, here is the Lamb of God!”

The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, “What are you looking for?” They said to him, “Rabbi” (which translated means Teacher), “where are you staying?” He said to them, “Come and see.” They came and saw where he was staying, and they remained with him that day. It was about four o’clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter’s brother. He first found his brother Simon and said to him, “We have found the Messiah” (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, “You are Simon son of John. You are to be called Cephas” (which is translated Peter).

The Word of the Lord.
Thanks be to God.

16. The Song of Zechariah

Luke 1: 68-79

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old, that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

BCP p. 96

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages A

V. Show us your mercy, O Lord;
R. **And grant us your salvation.**
V. Clothe your ministers with righteousness;
R. **Let your people sing with joy.**
V. Give peace, O Lord, in all the world;
R. **For only in you can we live in safety.**
V. Lord, keep this nation under your care;
R. **And guide us in the way of justice and truth.**
V. Let your way be known upon earth;
R. **Your saving health among all nations.**
V. Let not the needy, O Lord, be forgotten;
R. **Nor the hope of the poor be taken away.**
V. Create in us clean hearts, O God;
R. **And sustain us with your Holy Spirit.**

The Collect of the Day

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day:
Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity;
and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord.
Amen.

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is
governed and sanctified: Receive our supplications and prayers which we offer before you for all
members of your holy Church, that in their vocation and ministry they may truly and devoutly
serve you; through our Lord and Savior Jesus Christ. **Amen.**

Let us pray for our own needs and those of others.

The General Thanksgiving

BCP p. 101

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

Romans 15:13