

Morning Prayer

Thursday after the Eleventh Sunday after Pentecost

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite."

Isaiah 57:15

Invitatory and Psalter

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Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Venite

Psalms 95:1-7

Worship the Lord in the beauty of holiness: Come let us adore him.

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Worship the Lord in the beauty of holiness: Come let us adore him.

Psalms 105: Part I

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Give thanks to the LORD and call upon his Name; *

make known his deeds among the peoples.

Sing to him, sing praises to him, *

and speak of all his marvelous works.

Glory in his holy Name; *

let the hearts of those who seek the LORD rejoice.

Search for the LORD and his strength; *
 continually seek his face.
 Remember the marvels he has done, *
 his wonders and the judgments of his mouth,
 O offspring of Abraham his servant, *
 O children of Jacob his chosen.
 He is the LORD our God; *
 his judgments prevail in all the world.
 He has always been mindful of his covenant, *
 the promise he made for a thousand generations:
 The covenant he made with Abraham, *
 the oath that he swore to Isaac,
 Which he established as a statute for Jacob, *
 an everlasting covenant for Israel,
 Saying, "To you will I give the land of Canaan *
 to be your allotted inheritance."
 When they were few in number, *
 of little account, and sojourners in the land,
 Wandering from nation to nation *
 and from one kingdom to another,
 He let no one oppress them *
 and rebuked kings for their sake,
 Saying, "Do not touch my anointed *
 and do my prophets no harm."
 Then he called for a famine in the land *
 and destroyed the supply of bread.
 He sent a man before them, *
 Joseph, who was sold as a slave.
 They bruised his feet in fetters; *
 his neck they put in an iron collar.
 Until his prediction came to pass, *
 the word of the LORD tested him.
 The king sent and released him; *
 the ruler of the peoples set him free.
 He set him as a master over his household, *
 as a ruler over all his possessions,
 To instruct his princes according to his will *
 and to teach his elders wisdom.
 Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson Judges 14:1-19

A Reading from the Book of Judges.

Once Samson went down to Timnah, and at Timnah he saw a Philistine woman. Then he came up, and told his father and mother, "I saw a Philistine woman at Timnah; now get her for me as my wife." But his father and mother said to him, "Is there not a woman among your kin, or

among all our people, that you must go to take a wife from the uncircumcised Philistines?” But Samson said to his father, “Get her for me, because she pleases me.” His father and mother did not know that this was from the LORD; for he was seeking a pretext to act against the Philistines. At that time the Philistines had dominion over Israel. Then Samson went down with his father and mother to Timnah. When he came to the vineyards of Timnah, suddenly a young lion roared at him. The spirit of the LORD rushed on him, and he tore the lion apart barehanded as one might tear apart a kid. But he did not tell his father or his mother what he had done. Then he went down and talked with the woman, and she pleased Samson. After a while he returned to marry her, and he turned aside to see the carcass of the lion, and there was a swarm of bees in the body of the lion, and honey. He scraped it out into his hands, and went on, eating as he went. When he came to his father and mother, he gave some to them, and they ate it. But he did not tell them that he had taken the honey from the carcass of the lion.

His father went down to the woman, and Samson made a feast there as the young men were accustomed to do. When the people saw him, they brought thirty companions to be with him. Samson said to them, “Let me now put a riddle to you. If you can explain it to me within the seven days of the feast, and find it out, then I will give you thirty linen garments and thirty festal garments. But if you cannot explain it to me, then you shall give me thirty linen garments and thirty festal garments.” So they said to him, “Ask your riddle; let us hear it.” He said to them, “Out of the eater came something to eat. Out of the strong came something sweet.” But for three days they could not explain the riddle. On the fourth day they said to Samson’s wife, “Coax your husband to explain the riddle to us, or we will burn you and your father’s house with fire. Have you invited us here to impoverish us?” So Samson’s wife wept before him, saying, “You hate me; you do not really love me. You have asked a riddle of my people, but you have not explained it to me.” He said to her, “Look, I have not told my father or my mother. Why should I tell you?” She wept before him the seven days that their feast lasted; and because she nagged him, on the seventh day he told her. Then she explained the riddle to her people. The men of the town said to him on the seventh day before the sun went down, “What is sweeter than honey? What is stronger than a lion?” And he said to them, “If you had not plowed with my heifer, you would not have found out my riddle.” Then the spirit of the LORD rushed on him, and he went down to Ashkelon. He killed thirty men of the town, took their spoil, and gave the festal garments to those who had explained the riddle. And his anger burned, and he went up to his father’s house.

The Word of the Lord.

Thanks be to God.

8. The Song of Moses

Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted; *
the horse and its rider has he hurled into the sea.
The Lord is my strength and my refuge; *
the Lord has become my Savior.
This is my God and I will praise him, *
the God of my people and I will exalt him.
The Lord is a mighty warrior; *
Yahweh is his Name.

The chariots of Pharaoh and his army has he hurled into the sea; *
 the finest of those who bear armor have been drowned in the Red Sea.
 The fathomless deep has overwhelmed them; *
 they sank into the depths like a stone.
 Your right hand, O Lord, is glorious in might; *
 your right hand, O Lord, has overthrown the enemy.
 Who can be compared with you, O Lord, among the gods? *
 who is like you, glorious in holiness, awesome in renown, and worker of wonders?
 You stretched forth your right hand; *
 the earth swallowed them up.
 With your constant love you led the people you redeemed; *
 with your might you brought them in safety to your holy dwelling.
 You will bring them in and plant them *
 on the mount of your possession,
 The resting-place you have made for yourself, O Lord, *
 the sanctuary, O Lord, that your hand has established.
 The Lord shall reign *
 for ever and for ever.
 Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson John 4:27-42

A Reading from the Gospel According to John.

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, Four months more, then comes the harvest? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Word of the Lord.
Thanks be to God.

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the
world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One, you alone are the Lord, you alone are the Most High,
Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Apostles' Creed

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**I believe in God, the Father almighty,
creator of heaven and earth.**
I believe in Jesus Christ, his only Son, our Lord.
**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**
**He suffered under Pontius Pilate,
was crucified, died, and was buried.**
He descended to the dead.
On the third day he rose again.
**He ascended into heaven,
and is seated at the right hand of the Father.**
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

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Officiant The Lord be with you.
People **And also with you.**
Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those
 who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy on us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

The Collect of the Day

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Jeremy Taylor, Bishop of Down, Connor, and Dromore, 1667

O God, whose days are without end, and whose mercies cannot be numbered: Make us, like your servant Jeremy Taylor, deeply aware of the shortness and uncertainty of human life, and let your Holy Spirit lead us in holiness and righteousness all our days; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that

we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Let us pray for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine:
Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever.
Amen.

Ephesians 3:20,21