## **Morning Prayer**

## Tuesday after the Last Sunday after the Epiphany

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite."

Isaiah 57:15

# BCP p. 80

Psalm 95:1-7

*Officiant* Lord, open our lips. *People* And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

## Venite

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

# Psalm 26

Give judgment for me, O LORD, for I have lived with integrity; \* I have trusted in the Lord and have not faltered. Test me, O LORD, and try me; \* examine my heart and my mind. BCP p. 616

For your love is before my eyes; \* I have walked faithfully with you. I have not sat with the worthless, \* nor do I consort with the deceitful. I have hated the company of evildoers; \* I will not sit down with the wicked. I will wash my hands in innocence, O LORD, \* that I may go in procession round your altar, Singing aloud a song of thanksgiving \* and recounting all your wonderful deeds. LORD, I love the house in which you dwell \* and the place where your glory abides. Do not sweep me away with sinners, \* nor my life with those who thirst for blood, Whose hands are full of evil plots, \* and their right hand full of bribes. As for me, I will live with integrity; \* redeem me, O LORD, and have pity on me. My foot stands on level ground; \* in the full assembly I will bless the LORD.

#### Psalm 28

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O LORD, I call to you; my Rock, do not be deaf to my cry; \* lest, if you do not hear me, I become like those who go down to the Pit. Hear the voice of my prayer when I cry out to you, \* when I lift up my hands to your holy of holies. Do not snatch me away with the wicked or with the evildoers, \* who speak peaceably with their neighbors, while strife is in their hearts. Repay them according to their deeds, \* and according to the wickedness of their actions. According to the work of their hands repay them, \* and give them their just deserts. They have no understanding of the LORD'S doings, nor of the works of his hands; \* therefore he will break them down and not build them up. Blessed is the LORD! \* for he has heard the voice of my prayer. The LORD is my strength and my shield; \* my heart trusts in him, and I have been helped; Therefore my heart dances for joy, \* and in my song will I praise him. The LORD is the strength of his people, \* a safe refuge for his anointed.

Save your people and bless your inheritance; \* shepherd them and carry them for ever. Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

## The Lessons

#### **The First Lesson**

#### Prov. 30:1-4,24-33

A Reading from the Book of Proverbs.

The words of Agur son of Jakeh. An oracle.

Thus says the man: I am weary, O God, I am weary, O God. How can I prevail? Surely I am too stupid to be human; I do not have human understanding. I have not learned wisdom, nor have I knowledge of the holy ones. Who has ascended to heaven and come down? Who has gathered the wind in the hollow of the hand? Who has gathered the wind in the hollow of the hand? Who has established all the ends of the earth? What is the person's name? And what is the name of the person schild? Surely you know!

Four things on earth are small, yet they are exceedingly wise: the ants are a people without strength, yet they provide their food in the summer; the badgers are a people without power, yet they make their homes in the rocks; the locusts have no king, yet all of them march in rank; the lizard can be grasped in the hand, yet it is found in kings' palaces.

Three things are stately in their stride; four are stately in their gait: the lion, which is mightiest among wild animals and does not turn back before any; the strutting rooster, the he-goat, and a king striding before his people. If you have been foolish, exalting yourself, or if you have been devising evil, put your hand on your mouth. For as pressing milk produces curds, and pressing the nose produces blood, so pressing anger produces strife.

The Word of the Lord. Thanks be to God.

#### 13. A Song of Praise

#### Song of the Three Young Men, 29-34

Glory to you, Lord God of our fathers; \*
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; \*
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple; \*
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; \*
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; \*
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; \*
we will praise you and highly exalt you for ever.

#### **The Second Lesson**

John 18:28-38

A Reading from the Gospel According to John.

Then they took Jesus from Caiaphas to Pilate's headquarters. It was early in the morning. They themselves did not enter the headquarters, so as to avoid ritual defilement and to be able to eat the Passover. So Pilate went out to them and said, "What accusation do you bring against this man?" They answered, "If this man were not a criminal, we would not have handed him over to you." Pilate said to them, "Take him yourselves and judge him according to your law." The Jews replied, "We are not permitted to put anyone to death." (This was to fulfill what Jesus had said when he indicated the kind of death he was to die.) Then Pilate entered the headquarters again, summoned Jesus, and asked him, "Are you the King of the Jews?" Jesus answered, "Do you ask this on your own, or did others tell you about me?" Pilate replied, "I am not a Jew, am I? Your own nation and the chief priests have handed you over to me. What have you done?" Jesus answered, "My kingdom is not from this world. If my kingdom were from this world, my followers would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not from here." Pilate asked him, "So you are a king?" Jesus answered, "You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice." Pilate asked him, "What is truth?" After he had said this, he went out to the Jews again and told them, "I find no case against him.

The Word of the Lord. Thanks be to God.

## 18. A Song to the Lamb

*Revelation 4:11, 5:9-10, 13* 

Splendor and honor and kingly power \*
are yours by right, O Lord our God,
For you created everything that is, \*
and by your will they were created and have their being;
And yours by right, O Lamb that was slain, \*
for with your blood you have redeemed for God,
From every family, language, people, and nation, \*
a kingdom of priests to serve our God.
And so, to him who sits upon the throne, \*
and to Christ the Lamb,
Be worship and praise, dominion and splendor, \*
for ever and for evermore.

#### The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

# **The Prayers**

OfficiantThe Lord be with you.People And also with you.OfficiantOfficiantLet us pray.

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# **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

# **Suffrages B**

- *V.* Save your people, Lord, and bless your inheritance;
- *R*. Govern and uphold them, now and always.
- *V.* Day by day we bless you;
- *R*. We praise your name for ever.
- *V.* Lord, keep us from all sin today;
- *R*. Have mercy on us, Lord, have mercy.
- *V.* Lord, show us your love and mercy;
- *R*. For we put our trust in you.
- *V.* In you, Lord, is our hope;
- *R*. And we shall never hope in vain.

#### The Collect of the Day

O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

# A Collect for Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

# **A Prayer for Mission**

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

Prayers and Intercessions

Let us pray now for our own needs and those of others.

# The General Thanksgiving

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Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Let us bless the Lord. Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20,21