Morning Prayer

Monday after the Fourth Sunday after the Epiphany

I will give you as a light to the nations, that my salvation may reach to the end of the earth.

Isaiah 49:6b

BCP p. 80

Officiant Lord, open our lips. *People* And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Venite

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Psalm 56

Have mercy on me, O God, for my enemies are hounding me; * all day long they assault and oppress me.They hound me all the day long; * truly there are many who fight against me, O Most High. Psalm 95:1-7

BCP p. 662

Whenever I am afraid, * I will put my trust in you. In God, whose word I praise, in God I trust and will not be afraid, * for what can flesh do to me? All day long they damage my cause; * their only thought is to do me evil. They band together; they lie in wait; * they spy upon my footsteps; because they seek my life. Shall they escape despite their wickedness? * O God, in your anger, cast down the peoples. You have noted my lamentation; put my tears into your bottle; * are they not recorded in your book? Whenever I call upon you, my enemies will be put to flight; * this I know, for God is on my side. In God the LORD, whose word I praise, in God I trust and will not be afraid, * for what can mortals do to me? I am bound by the vow I made to you, O God; * I will present to you thank-offerings; For you have rescued my soul from death and my feet from stumbling, * that I may walk before God in the light of the living.

Psalm 57

BCP p. 663

Be merciful to me, O God, be merciful, for I have taken refuge in you; * in the shadow of your wings will I take refuge until this time of trouble has gone by. I will call upon the Most High God, * the God who maintains my cause. He will send from heaven and save me; he will confound those who trample upon me; * God will send forth his love and his faithfulness. I lie in the midst of lions that devour the people; * their teeth are spears and arrows, their tongue a sharp sword. They have laid a net for my feet, and I am bowed low; * they have dug a pit before me, but have fallen into it themselves. Exalt yourself above the heavens, O God, * and your glory over all the earth. My heart is firmly fixed, O God, my heart is fixed; * I will sing and make melody.

Wake up, my spirit; awake, lute and harp; * I myself will waken the dawn.
I will confess you among the peoples, O LORD; * I will sing praise to you among the nations.
For your loving-kindness is greater than the heavens, * and your faithfulness reaches to the clouds.
Exalt yourself above the heavens, O God, * and your glory over all the earth.

Psalm 58

Do you indeed decree righteousness, you rulers? * do you judge the peoples with equity? No; you devise evil in your hearts, * and your hands deal out violence in the land. The wicked are perverse from the womb; * liars go astray from their birth. They are as venomous as a serpent, * they are like the deaf adder which stops its ears, Which does not heed the voice of the charmer, * no matter how skillful his charming. O God, break their teeth in their mouths; * pull the fangs of the young lions, O LORD. Let them vanish like water that runs off; * let them wither like trodden grass. Let them be like the snail that melts away, * like a stillborn child that never sees the sun. Before they bear fruit. let them be cut down like a brier: * like thorns and thistles let them be swept away. The righteous will be glad when they see the vengeance; * they will bathe their feet in the blood of the wicked. And they will say, "Surely, there is a reward for the righteous; * surely, there is a God who rules in the earth."

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson

Gen. 19:1-17[18-23]24-29

A Reading from the Book of Genesis.

The two angels came to Sodom in the evening, and Lot was sitting in the gateway of Sodom. When Lot saw them, he rose to meet them, and bowed down with his face to the ground. He

BCP p. 664

said, "Please, my lords, turn aside to your servant's house and spend the night, and wash your feet; then you can rise early and go on your way." They said, "No; we will spend the night in the square." But he urged them strongly; so they turned aside to him and entered his house; and he made them a feast, and baked unleavened bread, and they ate.

But before they lay down, the men of the city, the men of Sodom, both young and old, all the people to the last man, surrounded the house; and they called to Lot, "Where are the men who came to you tonight? Bring them out to us, so that we may know them." Lot went out of the door to the men, shut the door after him, and said, "I beg you, my brothers, do not act so wickedly. Look, I have two daughters who have not known a man; let me bring them out to you, and do to them as you please; only do nothing to these men, for they have come under the shelter of my roof." But they replied, "Stand back!" And they said, "This fellow came here as an alien, and he would play the judge! Now we will deal worse with you than with them." Then they pressed hard against the man Lot, and came near the door to break it down. But the door. And they struck with blindness the men who were at the door of the house, both small and great, so that they were unable to find the door.

Then the men said to Lot, "Have you anyone else here? Sons-in-law, sons, daughters, or anyone you have in the city—bring them out of the place. For we are about to destroy this place, because the outcry against its people has become great before the LORD, and the LORD has sent us to destroy it." So Lot went out and said to his sons-in-law, who were to marry his daughters, "Up, get out of this place; for the LORD is about to destroy the city." But he seemed to his sons-in-law to be jesting.

When morning dawned, the angels urged Lot, saying, "Get up, take your wife and your two daughters who are here, or else you will be consumed in the punishment of the city." But he lingered; so the men seized him and his wife and his two daughters by the hand, the LORD being merciful to him, and they brought him out and left him outside the city. When they had brought them outside, they said, "Flee for your life; do not look back or stop anywhere in the Plain; flee to the hills, or else you will be consumed." [And Lot said to them, "Oh, no, my lords; your servant has found favor with you, and you have shown me great kindness in saving my life; but I cannot flee to the hills, for fear the disaster will overtake me and I die. Look, that city is near enough to flee to, and it is a little one. Let me escape there—is it not a little one? —and my life will be saved!" He said to him, "Very well, I grant you this favor too, and will not overthrow the city of which you have spoken. Hurry, escape there, for I can do nothing until you arrive there." Therefore the city was called Zoar. The sun had risen on the earth when Lot came to Zoar.]

Then the LORD rained on Sodom and Gomorrah sulfur and fire from the LORD out of heaven; and he overthrew those cities, and all the Plain, and all the inhabitants of the cities, and what grew on the ground.

But Lot's wife, behind him, looked back, and she became a pillar of salt.

Abraham went early in the morning to the place where he had stood before the LORD; and he looked down toward Sodom and Gomorrah and toward all the land of the Plain and saw the smoke of the land going up like the smoke of a furnace. So it was that, when God destroyed the cities of the Plain, God remembered Abraham, and sent Lot out of the midst of the overthrow, when he overthrew the cities in which Lot had settled.

The Word of the Lord. Thanks be to God.

9. The First Song of Isaiah

Surely, it is God who saves me; *

I will trust in him and not be afraid.

For the Lord is my stronghold and my sure defense, *

and he will be my Savior.

Therefore you shall draw water with rejoicing *

from the springs of salvation.

And on that day you shall say, *

Give thanks to the Lord and call upon his Name;

Make his deeds known among the peoples; *

see that they remember that his Name is exalted.

Sing praises of the Lord, for he has done great things, *

and this is known in all the world.

Cry aloud, inhabitants of Zion, ring out your joy, *

for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson

A Reading from the Gospel According to John.

Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, He gave them bread from heaven to eat." Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. But I said to you that you have seen me and yet do not believe. Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; for I have come down from heaven, not to do my own will, but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day."

The Word of the Lord. Thanks be to God.

19. The Song of the Redeemed

O ruler of the universe, Lord God, great deeds are they that you have done, * surpassing human understanding. **Revelation 15:3-4**

John 6:27-40

Your ways are ways of righteousness and truth, *

O King of all the ages.

Who can fail to do you homage, Lord,

and sing the praises of your Name? *
for you only are the Holy One.

All nations will draw near and fall down before you, *

because your just and holy works have been revealed.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

BCP p. 97

BCP p. 96

OfficiantThe Lord be with you.People And also with you.OfficiantLet us pray.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Suffrages A

- *V.* Show us your mercy, O Lord;
- *R*. And grant us your salvation.
- *V.* Clothe your ministers with righteousness;
- *R*. Let your people sing with joy.
- *V.* Give peace, O Lord, in all the world;
- *R*. For only in you can we live in safety.
- *V.* Lord, keep this nation under your care;
- *R*. And guide us in the way of justice and truth.
- *V.* Let your way be known upon earth;
- *R*. Your saving health among all nations.
- *V.* Let not the needy, O Lord, be forgotten;
- *R*. Nor the hope of the poor be taken away.
- *V.* Create in us clean hearts, O God;
- *R*. And sustain us with your Holy Spirit.

The Collect of the Day

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Collect for Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

Let us pray now for our own needs and those of others.

The General Thanksgiving

BCP p. 101

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Let us bless the Lord. Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20,21