

Morning Prayer

Thursday after the Fourth Sunday after Pentecost

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him.

John 4:23

Invitatory and Psalter

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Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Venite

Psalm 95:1-7

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Psalm 18: Part I

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I love you, O LORD my strength, *
O LORD my stronghold, my crag, and my haven.
My God, my rock in whom I put my trust, *
my shield, the horn of my salvation, and my refuge; you are worthy of praise.
I will call upon the LORD, *
and so shall I be saved from my enemies.
The breakers of death rolled over me, *
and the torrents of oblivion made me afraid.

The cords of hell entangled me, *
and the snares of death were set for me.
I called upon the LORD in my distress *
and cried out to my God for help.
He heard my voice from his heavenly dwelling; *
my cry of anguish came to his ears.
The earth reeled and rocked; *
the roots of the mountains shook; they reeled because of his anger.
Smoke rose from his nostrils and a consuming fire out of his mouth; *
hot burning coals blazed forth from him.
He parted the heavens and came down *
with a storm cloud under his feet.
He mounted on cherubim and flew; *
he swooped on the wings of the wind.
He wrapped darkness about him; *
he made dark waters and thick clouds his pavilion.
From the brightness of his presence, through the clouds, *
burst hailstones and coals of fire.
The LORD thundered out of heaven; *
the Most High uttered his voice.
He loosed his arrows and scattered them; *
he hurled thunderbolts and routed them.
The beds of the seas were uncovered, and the foundations of the world laid bare, *
at your battle cry, O LORD, at the blast of the breath of your nostrils.
He reached down from on high and grasped me; *
he drew me out of great waters.
He delivered me from my strong enemies and from those who hated me; *
for they were too mighty for me.
They confronted me in the day of my disaster; *
but the LORD was my support.
He brought me out into an open place; *
he rescued me because he delighted in me.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson

1 Samuel 16:14-17:11

A Reading from the First Book of Samuel.

Now the spirit of the LORD departed from Saul, and an evil spirit from the LORD tormented him. And Saul's servants said to him, "See now, an evil spirit from God is tormenting you. Let our lord now command the servants who attend you to look for someone who is skillful in playing the lyre; and when the evil spirit from God is upon you, he will play it, and you will feel better." So Saul said to his servants, "Provide for me someone who can play well, and bring him to me." One of the young men answered, "I have seen a son of Jesse the Bethlehemite who is skillful in playing, a man of valor, a warrior, prudent in speech, and a man of good presence; and the LORD is with him." So Saul sent messengers to Jesse, and said, "Send me your son David who is with the sheep." Jesse took a donkey loaded with bread, a skin of wine, and a kid, and

sent them by his son David to Saul. And David came to Saul, and entered his service. Saul loved him greatly, and he became his armor-bearer. Saul sent to Jesse, saying, "Let David remain in my service, for he has found favor in my sight." And whenever the evil spirit from God came upon Saul, David took the lyre and played it with his hand, and Saul would be relieved and feel better, and the evil spirit would depart from him.

Now the Philistines gathered their armies for battle; they were gathered at Socoh, which belongs to Judah, and encamped between Socoh and Azekah, in Ephes-dammim. Saul and the Israelites gathered and encamped in the valley of Elah, and formed ranks against the Philistines. The Philistines stood on the mountain on the one side, and Israel stood on the mountain on the other side, with a valley between them. And there came out from the camp of the Philistines a champion named Goliath, of Gath, whose height was six cubits and a span. He had a helmet of bronze on his head, and he was armed with a coat of mail; the weight of the coat was five thousand shekels of bronze. He had greaves of bronze on his legs and a javelin of bronze slung between his shoulders. The shaft of his spear was like a weaver's beam, and his spear's head weighed six hundred shekels of iron; and his shield-bearer went before him. He stood and shouted to the ranks of Israel, "Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. If he is able to fight with me and kill me, then we will be your servants; but if I prevail against him and kill him, then you shall be our servants and serve us." And the Philistine said, "Today I defy the ranks of Israel! Give me a man, that we may fight together." When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid.

The Word of the Lord.

Thanks be to God.

8. The Song of Moses

Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted; *

the horse and its rider has he hurled into the sea.

The Lord is my strength and my refuge; *

the Lord has become my Savior.

This is my God and I will praise him, *

the God of my people and I will exalt him.

The Lord is a mighty warrior; *

Yahweh is his Name.

The chariots of Pharaoh and his army has he hurled into the sea; *

the finest of those who bear armor have been drowned in the Red Sea.

The fathomless deep has overwhelmed them; *

they sank into the depths like a stone.

Your right hand, O Lord, is glorious in might; *

your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the gods? *

who is like you, glorious in holiness, awesome in renown, and worker of wonders?

You stretched forth your right hand; *

the earth swallowed them up.

With your constant love you led the people you redeemed; *

with your might you brought them in safety to your holy dwelling.

You will bring them in and plant them *
on the mount of your possession,
The resting-place you have made for yourself, O Lord, *
the sanctuary, O Lord, that your hand has established.
The Lord shall reign *
for ever and for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson

Acts 10:17-33

A Reading from the Acts of the Apostles.

Now while Peter was greatly puzzled about what to make of the vision that he had seen, suddenly the men sent by Cornelius appeared. They were asking for Simon's house and were standing by the gate. They called out to ask whether Simon, who was called Peter, was staying there.

While Peter was still thinking about the vision, the Spirit said to him, "Look, three men are searching for you. Now get up, go down, and go with them without hesitation; for I have sent them." So Peter went down to the men and said, "I am the one you are looking for; what is the reason for your coming?" They answered, "Cornelius, a centurion, an upright and God-fearing man, who is well spoken of by the whole Jewish nation, was directed by a holy angel to send for you to come to his house and to hear what you have to say." So Peter invited them in and gave them lodging. The next day he got up and went with them, and some of the believers from Joppa accompanied him. The following day they came to Caesarea. Cornelius was expecting them and had called together his relatives and close friends. On Peter's arrival Cornelius met him, and falling at his feet, worshiped him. But Peter made him get up, saying, "Stand up; I am only a mortal." And as he talked with him, he went in and found that many had assembled; and he said to them, "You yourselves know that it is unlawful for a Jew to associate with or to visit a Gentile; but God has shown me that I should not call anyone profane or unclean. So when I was sent for, I came without objection. Now may I ask why you sent for me?" Cornelius replied, "Four days ago at this very hour, at three o'clock, I was praying in my house when suddenly a man in dazzling clothes stood before me. He said, 'Cornelius, your prayer has been heard and your alms have been remembered before God. Send therefore to Joppa and ask for Simon, who is called Peter; he is staying in the home of Simon, a tanner, by the sea.' Therefore I sent for you immediately, and you have been kind enough to come. So now all of us are here in the presence of God to listen to all that the Lord has commanded you to say."

The Word of the Lord.

Thanks be to God.

20. Glory to God

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Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High,

Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Apostles' Creed

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**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

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Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy on us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

The Collect of the Day

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Let us pray for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.

We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine:
Glory to God from generation to generation in the Church, and in Christ Jesus for ever and
ever. **Amen.**

Ephesians 3:20,21