

Morning Prayer

The Seventh Sunday after Pentecost

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite."

Isaiah 57:15

Invitatory and Psalter

BCP p. 80

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Jubilate

Psalms 100

Worship the Lord in the beauty of holiness: Come let us adore him.

Be joyful in the Lord, all you lands; *

serve the Lord with gladness and come before his presence with a song.

Know this: The Lord himself is God; *

he himself has made us, and we are his; we are his people and the sheep of his pasture.

Enter his gates with thanksgiving; go into his courts with praise; *

give thanks to him and call upon his Name.

For the Lord is good; his mercy is everlasting; *

and his faithfulness endures from age to age.

Worship the Lord in the beauty of holiness: Come let us adore him.

Psalms 148

BCP p. 805

Hallelujah! Praise the LORD from the heavens; *

praise him in the heights.

Praise him, all you angels of his; *

praise him, all his host.

Praise him, sun and moon; *

praise him, all you shining stars.

Praise him, heaven of heavens, *

and you waters above the heavens.

Let them praise the Name of the LORD; *

for he commanded, and they were created.

He made them stand fast for ever and ever; *

he gave them a law which shall not pass away.

Praise the LORD from the earth, *
you sea-monsters and all deeps;
Fire and hail, snow and fog, *
tempestuous wind, doing his will;
Mountains and all hills, *
fruit trees and all cedars;
Wild beasts and all cattle, *
creeping things and wingèd birds;
Kings of the earth and all peoples, *
princes and all rulers of the world;
Young men and maidens, *
old and young together.
Let them praise the Name of the LORD, *
for his Name only is exalted, his splendor is over earth and heaven.
He has raised up strength for his people and praise for all his loyal servants, *
the children of Israel, a people who are near him. Hallelujah!

Psalm 149

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Hallelujah! Sing to the LORD a new song; *
sing his praise in the congregation of the faithful.
Let Israel rejoice in his Maker; *
let the children of Zion be joyful in their King.
Let them praise his Name in the dance; *
let them sing praise to him with timbrel and harp.
For the LORD takes pleasure in his people *
and adorns the poor with victory.
Let the faithful rejoice in triumph; *
let them be joyful on their beds.
Let the praises of God be in their throat *
and a two-edged sword in their hand;
To wreak vengeance on the nations *
and punishment on the peoples;
To bind their kings in chains *
and their nobles with links of iron;
To inflict on them the judgment decreed; *
this is glory for all his faithful people. Hallelujah!

Psalm 150

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Hallelujah! Praise God in his holy temple; *
praise him in the firmament of his power.
Praise him for his mighty acts; *
praise him for his excellent greatness.
Praise him with the blast of the ram's-horn; *
Praise him with lyre and harp.
Praise him with timbrel and dance; *
praise him with strings and pipe.
Praise him with resounding cymbals; *
praise him with loud-clanging cymbals.

Let everything that has breath *
praise the Lord. Hallelujah!
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson Joshua 1:1-18

A Reading from the Book of Joshua.

After the death of Moses the servant of the LORD, the LORD spoke to Joshua son of Nun, Moses' assistant, saying, "My servant Moses is dead. Now proceed to cross the Jordan, you and all this people, into the land that I am giving to them, to the Israelites. Every place that the sole of your foot will tread upon I have given to you, as I promised to Moses. From the wilderness and the Lebanon as far as the great river, the river Euphrates, all the land of the Hittites, to the Great Sea in the west shall be your territory. No one shall be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will not fail you or forsake you. Be strong and courageous; for you shall put this people in possession of the land that I swore to their ancestors to give them. Only be strong and very courageous, being careful to act in accordance with all the law that my servant Moses commanded you; do not turn from it to the right hand or to the left, so that you may be successful wherever you go. This book of the law shall not depart out of your mouth; you shall meditate on it day and night, so that you may be careful to act in accordance with all that is written in it. For then you shall make your way prosperous, and then you shall be successful. I hereby command you: Be strong and courageous; do not be frightened or dismayed, for the LORD your God is with you wherever you go."

Then Joshua commanded the officers of the people, "Pass through the camp, and command the people: Prepare your provisions; for in three days you are to cross over the Jordan, to go in to take possession of the land that the LORD your God gives you to possess." To the Reubenites, the Gadites, and the half-tribe of Manasseh Joshua said, "Remember the word that Moses the servant of the LORD commanded you, saying, 'The LORD your God is providing you a place of rest, and will give you this land.' Your wives, your little ones, and your livestock shall remain in the land that Moses gave you beyond the Jordan. But all the warriors among you shall cross over armed before your kindred and shall help them, until the LORD gives rest to your kindred as well as to you, and they too take possession of the land that the LORD your God is giving them. Then you shall return to your own land and take possession of it, the land that Moses the servant of the LORD gave you beyond the Jordan to the east."

They answered Joshua: "All that you have commanded us we will do, and wherever you send us we will go. Just as we obeyed Moses in all things, so we will obey you. Only may the LORD your God be with you, as he was with Moses! Whoever rebels against your orders and disobeys your words, whatever you command, shall be put to death. Only be strong and courageous."

The Word of the Lord.

Thanks be to God.

Blessed be the Lord, the God of Israel; *
 he has come to his people and set them free.
 He has raised up for us a mighty savior, *
 born of the house of his servant David.
 Through his holy prophets he promised of old, that he would save us from our enemies, *
 from the hands of all who hate us.
 He promised to show mercy to our fathers *
 and to remember his holy covenant.
 This was the oath he swore to our father Abraham, *
 to set us free from the hands of our enemies,
 Free to worship him without fear, *
 holy and righteous in his sight all the days of our life.
 You, my child, shall be called the prophet of the Most High, *
 for you will go before the Lord to prepare his way,
 To give his people knowledge of salvation *
 by the forgiveness of their sins.
 In the tender compassion of our God *
 the dawn from on high shall break upon us,
 To shine on those who dwell in darkness and the shadow of death, *
 and to guide our feet into the way of peace.
 Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson Mark 1:21-27

A Reading from the Gospel According to Mark.

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught.
 They were astounded at his teaching, for he taught them as one having authority, and not as the
 scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out,
 “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who
 you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of
 him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him.
 They were all amazed, and they kept on asking one another, “What is this? A new teaching—
 with authority! He commands even the unclean spirits, and they obey him.”

The Word of the Lord.

Thanks be to God.

21. You are God

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You are God: we praise you; You are the Lord; we acclaim you; You are the eternal Father: All
 creation worships you. To you all angels, all the powers of heaven, Cherubim and Seraphim,
 sing in endless praise: Holy, holy, holy Lord, God of power and might, heaven and earth
 are full of your glory. The glorious company of apostles praise you. The noble fellowship of
 prophets praise you. The white-robed army of martyrs praise you. Throughout the world the
 holy Church acclaim you; Father, of majesty unbounded, your true and only Son,
 worthy of all worship, and the Holy Spirit, advocate and guide. You, Christ, are the king of

glory, the eternal Son of the Father. When you became man to set us free you did not shun the Virgin's womb. You overcame the sting of death and opened the kingdom of heaven to all believers. You are seated at God's right hand in glory. We believe that you will come and be our judge. Come then, Lord, and help your people, bought with the price of your own blood, and bring us with your saints to glory everlasting.

The Apostles' Creed

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**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

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Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages A

V. Show us your mercy, O Lord;
R. **And grant us your salvation.**
V. Clothe your ministers with righteousness;
R. **Let your people sing with joy.**
V. Give peace, O Lord, in all the world;
R. **For only in you can we live in safety.**
V. Lord, keep this nation under your care;
R. **And guide us in the way of justice and truth.**
V. Let your way be known upon earth;
R. **Your saving health among all nations.**
V. Let not the needy, O Lord, be forgotten;
R. **Nor the hope of the poor be taken away.**
V. Create in us clean hearts, O God;
R. **And sustain us with your Holy Spirit.**

The Collect of the Day

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Let us pray for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness

to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine:
Glory to God from generation to generation in the Church, and in Christ Jesus for ever and
ever. **Amen.**

Ephesians 3:20,21