

Wednesday

Morning Prayer – Proper 10 in Year 1

### **Opening Sentence**

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. *Psalm 19:14*

### **Versicle and Response**

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now, and will be for ever. Amen. Alleluia.

### **Invitatory**

#### **Jubilate**

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God;  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.

### **Psalms**

38 Domine, ne in furore

1 O Lord, do not rebuke me in your anger; \*  
do not punish me in your wrath.

2 For your arrows have already pierced me, \*  
and your hand presses hard upon me.

3 There is no health in my flesh,  
because of your indignation; \*  
there is no soundness in my body, because of my sin.

4 For my iniquities overwhelm me; \*  
like a heavy burden they are too much for me to bear.

5 My wounds stink and fester \*

by reason of my foolishness.

6 I am utterly bowed down and prostrate; \*  
I go about in mourning all the day long.

7 My loins are filled with searing pain; \*  
there is no health in my body.

8 I am utterly numb and crushed; \*  
I wail, because of the groaning of my heart.

9 O Lord, you know all my desires, \*  
and my sighing is not hidden from you.

10 My heart is pounding, my strength has failed me, \*  
and the brightness of my eyes is gone from me.

11 My friends and companions draw back from my affliction; \*  
my neighbors stand afar off.

12 Those who seek after my life lay snares for me; \*  
those who strive to hurt me speak of my ruin  
and plot treachery all the day long.

13 But I am like the deaf who do not hear, \*  
like those who are mute and do not open their mouth.

14 I have become like one who does not hear \*  
and from whose mouth comes no defense.

15 For in you, O Lord, have I fixed my hope; \*  
you will answer me, O Lord my God.

16 For I said, "Do not let them rejoice at my expense, \*  
those who gloat over me when my foot slips."

17 Truly, I am on the verge of falling, \*  
and my pain is always with me.

18 I will confess my iniquity \*  
and be sorry for my sin.

19 Those who are my enemies without cause are mighty, \*  
and many in number are those who wrongfully hate me.

20 Those who repay evil for good slander me, \*  
because I follow the course that is right.

21 O Lord, do not forsake me; \*

be not far from me, O my God.

22 Make haste to help me, \*  
O Lord of my salvation.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

## Reading

### 1 Samuel 20:1-23

David fled from Naioth in Ramah. He came before Jonathan and said, ‘What have I done? What is my guilt? And what is my sin against your father that he is trying to take my life?’ He said to him, ‘Perish the thought! You shall not die. My father does nothing either great or small without disclosing it to me; and why should my father hide this from me? Never!’ But David also swore, ‘Your father knows well that you like me; and he thinks, “Do not let Jonathan know this, or he will be grieved.” But truly, as the Lord lives and as you yourself live, there is but a step between me and death.’ Then Jonathan said to David, ‘Whatever you say, I will do for you.’ David said to Jonathan, ‘Tomorrow is the new moon, and I should not fail to sit with the king at the meal; but let me go, so that I may hide in the field until the third evening. If your father misses me at all, then say, “David earnestly asked leave of me to run to Bethlehem his city; for there is a yearly sacrifice there for all the family.” If he says, “Good!” it will be well with your servant; but if he is angry, then know that evil has been determined by him. Therefore deal kindly with your servant, for you have brought your servant into a sacred covenant\* with you. But if there is guilt in me, kill me yourself; why should you bring me to your father?’ Jonathan said, ‘Far be it from you! If I knew that it was decided by my father that evil should come upon you, would I not tell you?’ Then David said to Jonathan, ‘Who will tell me if your father answers you harshly?’ Jonathan replied to David, ‘Come, let us go out into the field.’ So they both went out into the field.

Jonathan said to David, ‘By the Lord, the God of Israel! When I have sounded out my father, about this time tomorrow, or on the third day, if he is well disposed towards David, shall I not then send and disclose it to you? But if my father intends to do you harm, the Lord do so to Jonathan, and more also, if I do not disclose it to you, and send you away, so that you may go in safety. May the Lord be with you, as he has been with my father. If I am still alive, show me the faithful love of the Lord; but if I die,\* never cut off your faithful love from my house, even if the Lord were to cut off every one of the enemies of David from the face of the earth.’ Thus Jonathan made a covenant with the house of David, saying, ‘May the Lord seek out the enemies of David.’ Jonathan made David swear again by his love for him; for he loved him as he loved his own life.

Jonathan said to him, ‘Tomorrow is the new moon; you will be missed, because your place will be empty. On the day after tomorrow, you shall go a long way down; go to the place where you hid yourself earlier, and remain beside the stone there.\* I will shoot three arrows to the side of it, as though I shot at a mark. Then I will send the boy, saying, “Go, find the arrows.” If I say to the boy, “Look, the arrows are on this side of you, collect them”, then you are to come, for, as the Lord lives, it is safe for you and there is no danger. But if I say to the young man, “Look, the arrows are beyond you”, then go; for the Lord has sent you away. As for the matter about which you and I have spoken, the Lord is witness\* between you and me for ever.’

The Word of the Lord.

Thanks be to God.

## **Canticle 11 The Third Song of Isaiah**

Arise, shine, for your light has come, \*  
and the glory of the Lord has dawned upon you.  
For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.  
But over you the Lord will rise, \*  
and his glory will appear upon you.  
Nations will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.  
The Lord will be your everlasting light, \*  
and your God will be your glory.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

## **Reading**

### **Acts 12:18-25**

When morning came, there was no small commotion among the soldiers over what had become of Peter. When Herod had searched for him and could not find him, he examined the guards and ordered them to be put to death. Then he went down from Judea to Caesarea and stayed there.

Now Herod\* was angry with the people of Tyre and Sidon. So they came to him in a body; and after winning over Blastus, the king's chamberlain, they asked for a reconciliation, because their country depended on the king's country for food. On an appointed day Herod put on his royal robes, took his seat on the platform, and delivered a public address to them. The people kept shouting, 'The voice of a god, and not of a mortal!' And immediately, because he had not given the glory to God, an angel of the Lord struck him down, and he was eaten by worms and died.

But the word of God continued to advance and gain adherents. Then after completing their mission Barnabas and Saul returned to\* Jerusalem and brought with them John, whose other name was Mark.

The Word of the Lord.

Thanks be to God.

### **Canticle 16**

Blessed be the Lord, the God of Israel;\*  
he has come to his people and set them free.

He has raised up for us a mighty savior,\*  
born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies,\*  
from the hands of all who hate us.

he promised to show mercy to our fathers\*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham,\*  
to set us free from the hands of our enemies,

Free to worship him without fear,\*  
holy and righteous in his sight  
all the days of our life.

You, my child, shall be called the prophet of the Most High,\*  
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation\*  
by the forgiveness of their sins.

In the tender compassion of our God\*  
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death,\*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### **The Apostle's Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,

and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

The Lord be with you.  
And also with you.  
Let us pray.

### **The Lord's Prayer**

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **Suffrages**

Save your people, Lord, and bless your inheritance;

Govern and uphold them, now and always.

Day by day we bless you;

We praise your name for ever.

Lord, keep us from all sin today;

Have mercy on us, Lord, have mercy.

Lord, show us your love and mercy;

For we put our trust in you.

In you, Lord, is our hope;

And we shall never hope in vain.

### **Collect of the Day: Proper 10**

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and may also have grace and power faithfully to

accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

### **A Collect for Peace**

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

### **For Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

### **Prayers and Intercessions**

Let us pray now for our own needs and those of others.

### **General Thanksgiving**

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

### **Benediction**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20,21