

Wednesday of Proper 11 – Year 1  
Morning Prayer

### **Opening Sentence**

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite." Isaiah 57:15

### **Versicle and Response**

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now, and will be for ever. Amen. Alleluia.

### **Invitatory**

#### **Jubilate**

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God;  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.

### **Psalms**

**119**

**Zayin** *Memor esto verbi tui*

49 Remember your word to your servant, \*  
because you have given me hope.

50 This is my comfort in my trouble, \*  
that your promise gives me life.

51 The proud have derided me cruelly, \*  
but I have not turned from your law.

52 When I remember your judgments of old, \*  
O Lord, I take great comfort.

53 I am filled with a burning rage, \*  
because of the wicked who forsake your law.

54 Your statutes have been like songs to me \*  
wherever I have lived as a stranger.

55 I remember your Name in the night, O Lord, \*  
and dwell upon your law.

56 This is how it has been with me, \*  
because I have kept your commandments.

**Heth** *Portio mea, Domine*

57 You only are my portion, O Lord; \*  
I have promised to keep your words.

58 I entreat you with all my heart, \*  
be merciful to me according to your promise.

59 I have considered my ways \*  
and turned my feet toward your decrees.

60 I hasten and do not tarry \*  
to keep your commandments.

61 Though the cords of the wicked entangle me, \*  
I do not forget your law.

62 At midnight I will rise to give you thanks, \*  
because of your righteous judgments.

63 I am a companion of all who fear you \*  
and of those who keep your commandments.

64 The earth, O Lord, is full of your love; \*  
instruct me in your statutes.

**Teth** *Bonitatem fecisti*

65 O Lord, you have dealt graciously with your servant, \*  
according to your word.

66 Teach me discernment and knowledge, \*  
for I have believed in your commandments.

67 Before I was afflicted I went astray, \*  
but now I keep your word.

68 You are good and you bring forth good; \*  
instruct me in your statutes.

69 The proud have smeared me with lies, \*  
but I will keep your commandments with my whole heart.

70 Their heart is gross and fat, \*  
but my delight is in your law.

71 It is good for me that I have been afflicted, \*  
that I might learn your statutes.

72 The law of your mouth is dearer to me \*  
than thousands in gold and silver.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

## **Reading**

### **1 Samuel 25:23-44**

When Abigail saw David, she hurried and alighted from the donkey, and fell before David on her face, bowing to the ground. She fell at his feet and said, ‘Upon me alone, my lord, be the guilt; please let your servant speak in your ears, and hear the words of your servant. My lord, do not take seriously this ill-natured fellow Nabal; for as his name is, so is he; Nabal\* is his name, and folly is with him; but I, your servant, did not see the young men of my lord, whom you sent.

‘Now then, my lord, as the Lord lives, and as you yourself live, since the Lord has restrained you from blood-guilt and from taking vengeance with your own hand, now let your enemies and those who seek to do evil to my lord be like Nabal. And now let this present that your servant has brought to my lord be given to the young men who follow my lord. Please forgive the trespass of your servant; for the Lord will certainly make my lord a sure house, because my lord is fighting the battles of the Lord; and evil shall not be found in you as long as you live. If anyone should rise up to pursue you and to seek your life, the life of my lord shall be bound in the bundle of the living under the care of the Lord your God; but the lives of your enemies he shall sling out as from the hollow of a sling. When the Lord has done to my lord according to all the good that he has spoken concerning you, and has appointed you prince over Israel, my lord shall have no cause of grief, or pangs of conscience, for having shed blood without cause or for having saved himself. And when the Lord has dealt well with my lord, then remember your servant.’

David said to Abigail, ‘Blessed be the Lord, the God of Israel, who sent you to meet me today! Blessed be your good sense, and blessed be you, who have kept me today from blood-guilt and from avenging myself by my own hand! For as surely as the Lord the God of Israel lives, who has restrained me from hurting you, unless you had hurried and come to meet me, truly by morning there would not have been left to Nabal as much as one male.’ Then David received from her hand what she had brought him; he said to her, ‘Go up to your house in peace; see, I have heeded your voice, and I have granted your petition.’

Abigail came to Nabal; he was holding a feast in his house, like the feast of a king. Nabal’s heart was merry within him, for he was very drunk; so she told him nothing at all until the morning light. In the

morning, when the wine had gone out of Nabal, his wife told him these things, and his heart died within him; he became like a stone. About ten days later the Lord struck Nabal, and he died.

When David heard that Nabal was dead, he said, 'Blessed be the Lord who has judged the case of Nabal's insult to me, and has kept back his servant from evil; the Lord has returned the evildoing of Nabal upon his own head.' Then David sent and wooed Abigail, to make her his wife. When David's servants came to Abigail at Carmel, they said to her, 'David has sent us to you to take you to him as his wife.' She rose and bowed down, with her face to the ground, and said, 'Your servant is a slave to wash the feet of the servants of my lord.' Abigail got up hurriedly and rode away on a donkey; her five maids attended her. She went after the messengers of David and became his wife.

David also married Ahinoam of Jezreel; both of them became his wives. Saul had given his daughter Michal, David's wife, to Palti son of Laish, who was from Gallim.

The Word of the Lord.

Thanks be to God.

### **Canticle 11**

Arise, shine, for your light has come, \*  
and the glory of the Lord has dawned upon you.  
For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.  
But over you the Lord will rise, \*  
and his glory will appear upon you.  
Nations will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.  
The Lord will be your everlasting light, \*  
and your God will be your glory.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

### **Reading**

#### **Acts 14:19-28**

But Jews came there from Antioch and Iconium and won over the crowds. Then they stoned Paul and dragged him out of the city, supposing that he was dead. But when the disciples surrounded him, he got up and went into the city. The next day he went on with Barnabas to Derbe.

After they had proclaimed the good news to that city and had made many disciples, they returned to

Lystra, then on to Iconium and Antioch. There they strengthened the souls of the disciples and encouraged them to continue in the faith, saying, 'It is through many persecutions that we must enter the kingdom of God.' And after they had appointed elders for them in each church, with prayer and fasting they entrusted them to the Lord in whom they had come to believe.

Then they passed through Pisidia and came to Pamphylia. When they had spoken the word in Perga, they went down to Attalia. From there they sailed back to Antioch, where they had been commended to the grace of God for the work\* that they had completed. When they arrived, they called the church together and related all that God had done with them, and how he had opened a door of faith for the Gentiles. And they stayed there with the disciples for some time.

The Word of the Lord.  
Thanks be to God.

### **Canticle 16**

Blessed be the Lord, the God of Israel;\*  
he has come to his people and set them free.

He has raised up for us a mighty savior,\*  
born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies,\*  
from the hands of all who hate us.

he promised to show mercy to our fathers\*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham,\*  
to set us free from the hands of our enemies,

Free to worship him without fear,\*  
holy and righteous in his sight  
all the days of our life.

You, my child, shall be called the prophet of the Most High,\*  
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation\*  
by the forgiveness of their sins.

In the tender compassion of our God\*  
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death,\*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit  
as it was in the beginning, is now, and will be for ever. Amen.

### **The Apostle's Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.  
He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

The Lord be with you.  
And also with you.  
Let us pray.

### **The Lord's Prayer**

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **Suffrages**

Save your people, Lord, and bless your inheritance;

Govern and uphold them, now and always.

Day by day we bless you;

We praise your name for ever.

Lord, keep us from all sin today;

Have mercy on us, Lord, have mercy.

Lord, show us your love and mercy;

For we put our trust in you.

In you, Lord, is our hope;  
And we shall never hope in vain.

### **Collect of the Day: Proper 11**

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

### **A Collect for Peace**

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

### **For Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

### **Prayers and Intercessions**

Let us pray now for our own needs and those of others.

### **General Thanksgiving**

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

### **Benediction**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen.

Ephesians 3:20,21