

Morning Prayer

Friday after Ash Wednesday

Rend your heart, and not your garments, and turn unto the Lord your God; for he is gracious and merciful, slow to anger and of great kindness, and repenteth him of the evil.

Joel 2:13

Invitatory and Psalter

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Officiant O Lord, open thou our lips.
People And our mouth shall show forth thy praise.

Glory be to the Father, and to the Son, and to the Holy Ghost: *
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 95

O come, let us sing unto the Lord *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and shew ourselves glad in him with psalms.
For the Lord is a great God *
and a great King above all gods.
In his hand are all the corners of the earth *
and the strength of the hills is his also.
The sea is his, and he made it *
and his hands prepared the dry land.
O come, let us worship and fall down *
and kneel before the Lord our Maker.
For he is the Lord our God *
and we are the people of his pasture, and the sheep of his hand.
To-day if ye will hear his voice, harden not your hearts *
as in the provocation, and as in the day of temptation in the wilderness;
When your fathers tempted me *
proved me, and saw my works.
Forty years long was I grieved with this generation, and said *
It is a people that do err in their hearts, for they have not known my ways;

Unto whom I swear in my wrath *
that they should not enter into my rest.

Psalm 31

In thee, O Lord, have I put my trust *
let me never be put to confusion, deliver me in thy righteousness.
Bow down thine ear to me *
make haste to deliver me.
And be thou my strong rock, and house of defence *
that thou mayest save me.
For thou art my strong rock, and my castle *
be thou also my guide, and lead me for thy Name's sake.
Draw me out of the net, that they have laid privily for me *
for thou art my strength.
Into thy hands I commend my spirit *
for thou hast redeemed me, O Lord, thou God of truth.
I have hated them that hold of superstitious vanities *
and my trust hath been in the Lord.
I will be glad, and rejoice in thy mercy *
for thou hast considered my trouble, and hast known my soul in adversities.
Thou hast not shut me up into the hand of the enemy *
but hast set my feet in a large room.
Have mercy upon me, O Lord, for I am in trouble *
and mine eye is consumed for very heaviness; yea, my soul and my body.
For my life is waxen old with heaviness *
and my years with mourning.
My strength faileth me, because of mine iniquity *
and my bones are consumed.
I became a reproof among all mine enemies, but especially among my neighbours *
and they of mine acquaintance were afraid of me; and they that did see me without
conveyed themselves from me.
I am clean forgotten, as a dead man out of mind *
I am become like a broken vessel.
For I have heard the blasphemy of the multitude *
and fear is on every side, while they conspire together against me, and take their counsel to
take away my life.
But my hope hath been in thee, O Lord *
I have said, Thou art my God.
My time is in thy hand; deliver me from the hand of mine enemies *
and from them that persecute me.
Shew thy servant the light of thy countenance *
and save me for thy mercy's sake.
Let me not be confounded, O Lord, for I have called upon thee *
let the ungodly be put to confusion, and be put to silence in the grave.
Let the lying lips be put to silence *
which cruelly, disdainfully, and despitefully, speak against the righteous.

O how plentiful is thy goodness, which thou hast laid up for them that fear thee *
and that thou hast prepared for them that put their trust in thee, even before the sons of men!

Thou shalt hide them privily by thine own presence from the provoking of all men *
thou shalt keep them secretly in thy tabernacle from the strife of tongues.

Thanks be to the Lord *

for he hath shewed me marvellous great kindness in a strong city.

And when I made haste, I said *

I am cast out of the sight of thine eyes.

Nevertheless, thou heardest the voice of my prayer *
when I cried unto thee.

O love the Lord, all ye his saints *

for the Lord preserveth them that are faithful, and plenteously rewardeth the proud doer.

Be strong, and he shall establish your heart *

all ye that put your trust in the Lord.

Glory be to the Father, and to the Son, and to the Holy Ghost: *

As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Lessons

The First Lesson

Deut. 7:12-16

A Reading from the Book of Deuteronomy.

Wherefore it shall come to pass, if ye hearken to these judgments, and keep, and do them, that the Lord thy God shall keep unto thee the covenant and the mercy which he sware unto thy fathers:

And he will love thee, and bless thee, and multiply thee: he will also bless the fruit of thy womb, and the fruit of thy land, thy corn, and thy wine, and thine oil, the increase of thy kine, and the flocks of thy sheep, in the land which he sware unto thy fathers to give thee.

Thou shalt be blessed above all people: there shall not be male or female barren among you, or among your cattle.

And the Lord will take away from thee all sickness, and will put none of the evil diseases of Egypt, which thou knowest, upon thee; but will lay them upon all them that hate thee.

And thou shalt consume all the people which the Lord thy God shall deliver thee; thine eye shall have no pity upon them: neither shalt thou serve their gods; for that will be a snare unto thee.

The Word of the Lord.

Thanks be to God.

14. A Song of Penitence

Prayer of Manasseh 1-2, 4, 6-7, 11-15

O Lord and Ruler of the hosts of heaven, *
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:

You made the heavens and the earth, *
with all their vast array.
All things quake with fear at your presence; *
they tremble because of your power.
But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.
O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.
You hold back your hand; *
you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

The Second Lesson

John 1:35-42

A Reading from the Gospel According to John.

Again the next day after John stood, and two of his disciples;

And looking upon Jesus as he walked, he saith, Behold the Lamb of God!

And the two disciples heard him speak, and they followed Jesus.

Then Jesus turned, and saw them following, and saith unto them, What seek ye? They said unto him, Rabbi, (which is to say, being interpreted, Master,) where dwellest thou?

He saith unto them, Come and see. They came and saw where he dwelt, and abode with him that day: for it was about the tenth hour.

One of the two which heard John speak, and followed him, was Andrew, Simon Peter's brother.

He first findeth his own brother Simon, and saith unto him, We have found the Messiah, which is, being interpreted, the Christ.

And he brought him to Jesus. And when Jesus beheld him, he said, Thou art Simon the son of Jona: thou shalt be called Cephas, which is by interpretation, A stone.

The Word of the Lord.
Thanks be to God.

18. A Song to the Lamb

Revelation 4:11, 5:9-10, 13

Splendor and honor and kingly power *
are yours by right, O Lord our God,
For you created everything that is, *
and by your will they were created and have their being;
And yours by right, O Lamb that was slain, *
for with your blood you have redeemed for God,
From every family, language, people, and nation, *
a kingdom of priests to serve our God.
And so, to him who sits upon the throne, *
and to Christ the Lamb,
Be worship and praise, dominion and splendor, *
for ever and for evermore.

The Apostles' Creed

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**I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.**
**I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

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Officiant The Lord be with you.
People And with thy spirit.
Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Suffrages A

V. O Lord, show thy mercy upon us;
R. And grant us thy salvation.
V. Endue thy ministers with righteousness;
R. And make thy chosen people joyful.
V. Give peace, O Lord, in all the world;
R. For only in thee can we live in safety.
V. Lord, keep this nation under thy care;
R. And guide us in the way of justice and truth.
V. Let thy way be known upon earth;
R. Thy saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with thy Holy Spirit.

Friday After Ash Wednesday

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. Amen.

A Prayer for Mission

O God, who hast made of one blood all the peoples of the earth, and didst send thy blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after thee and find thee; bring the nations into thy fold; pour out thy Spirit upon all flesh; and hasten the coming of thy kingdom; through the same thy Son Jesus Christ our Lord. Amen.

Let us pray now for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. Amen.

Let us bless the Lord.
Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Romans 15:13