

## Morning Prayer

### Monday after the First Sunday in Lent

Jesus said, "If anyone would come after me, let him deny himself and take up his cross and follow me."

*Mark 8:34*

### Invitatory and Psalter

**BCP p. 80**

*Officiant* Lord, open our lips.

*People* And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

### Venite

*Psalm 95:1-7*

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

### Psalm 41

**BCP p. 641**

Happy are they who consider the poor and needy! \*  
the LORD will deliver them in the time of trouble.

The LORD preserves them and keeps them alive,  
so that they may be happy in the land; \*  
he does not hand them over to the will of their enemies.  
The LORD sustains them on their sickbed \*  
and ministers to them in their illness.  
I said, "LORD, be merciful to me; \*  
heal me, for I have sinned against you."  
My enemies are saying wicked things about me: \*  
"When will he die, and his name perish?"  
Even if they come to see me, they speak empty words; \*  
their heart collects false rumors;  
they go outside and spread them.  
All my enemies whisper together about me \*  
and devise evil against me.  
"A deadly thing," they say, "has fastened on him; \*  
he has taken to his bed and will never get up again."  
Even my best friend, whom I trusted,  
who broke bread with me, \*  
has lifted up his heel and turned against me.  
But you, O LORD, be merciful to me and raise me up, \*  
and I shall repay them.  
By this I know you are pleased with me, \*  
that my enemy does not triumph over me.  
In my integrity you hold me fast, \*  
and shall set me before your face for ever.  
Blessed be the LORD God of Israel, \*  
from age to age. Amen. Amen.

## Psalm 52

BCP p. 657

You tyrant, why do you boast of wickedness \*  
against the godly all day long?  
You plot ruin;  
your tongue is like a sharpened razor, \*  
O worker of deception.  
You love evil more than good \*  
and lying more than speaking the truth.  
You love all words that hurt, \*  
O you deceitful tongue.  
Oh, that God would demolish you utterly, \*  
topple you, and snatch you from your dwelling,  
and root you out of the land of the living!  
The righteous shall see and tremble, \*  
and they shall laugh at him, saying,  
"This is the one who did not take God for a refuge, \*  
but trusted in great wealth  
and relied upon wickedness."

But I am like a green olive tree in the house of God; \*  
I trust in the mercy of God for ever and ever.  
I will give you thanks for what you have done \*  
and declare the goodness of your Name in the presence of the godly.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Lessons**

### **The First Lesson**

**Deut. 8:11-20**

A Reading from the Book of Deuteronomy.

Take care that you do not forget the LORD your God, by failing to keep his commandments, his ordinances, and his statutes, which I am commanding you today. When you have eaten your fill and have built fine houses and live in them, and when your herds and flocks have multiplied, and your silver and gold is multiplied, and all that you have is multiplied, then do not exalt yourself, forgetting the LORD your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrible wilderness, an arid wasteland with poisonous snakes and scorpions. He made water flow for you from flint rock, and fed you in the wilderness with manna that your ancestors did not know, to humble you and to test you, and in the end to do you good. Do not say to yourself, "My power and the might of my own hand have gotten me this wealth." But remember the LORD your God, for it is he who gives you power to get wealth, so that he may confirm his covenant that he swore to your ancestors, as he is doing today. If you do forget the LORD your God and follow other gods to serve and worship them, I solemnly warn you today that you shall surely perish. Like the nations that the LORD is destroying before you, so shall you perish, because you would not obey the voice of the LORD your God.

The Word of the Lord.  
Thanks be to God.

### **9. The First Song of Isaiah**

**Isaiah 12:2-6**

Surely, it is God who saves me; \*  
I will trust in him and not be afraid.  
For the Lord is my stronghold and my sure defense, \*  
and he will be my Savior.  
Therefore you shall draw water with rejoicing \*  
from the springs of salvation.  
And on that day you shall say, \*  
Give thanks to the Lord and call upon his Name;  
Make his deeds known among the peoples; \*  
see that they remember that his Name is exalted.  
Sing the praises of the Lord, for he has done great things, \*  
and this is known in all the world.  
Cry aloud, inhabitants of Zion, ring out your joy, \*  
for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Second Lesson**

**Heb. 2:11-18**

A Reading from the Book of Hebrews.

For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying, "I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you." And again, "I will put my trust in him." And again, "Here am I and the children whom God has given me."

Since, therefore, the children share flesh and blood, he himself likewise shared the same things, so that through death he might destroy the one who has the power of death, that is, the devil, and free those who all their lives were held in slavery by the fear of death. For it is clear that he did not come to help angels, but the descendants of Abraham. Therefore he had to become like his brothers and sisters in every respect, so that he might be a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. Because he himself was tested by what he suffered, he is able to help those who are being tested.

The Word of the Lord.  
Thanks be to God.

## **19. The Song of the Redeemed**

*Revelation 15:3-4*

O ruler of the universe, Lord God,  
great deeds are they that you have done, \*  
surpassing human understanding.  
Your ways are ways of righteousness and truth, \*  
O King of all the ages.  
Who can fail to do you homage, Lord,  
and sing the praises of your Name? \*  
for you only are the Holy One.  
All nations will draw near and fall down before you, \*  
because your just and holy works have been revealed.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Apostles' Creed**

**BCP p. 96**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.**

**On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## **The Prayers**

**BCP p. 97**

*Officiant*      The Lord be with you.

*People*      And also with you.

*Officiant*      Let us pray.

## **The Lord's Prayer**

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **Suffrages B**

*V.*      Save your people, Lord, and bless your inheritance;

*R.*      Govern and uphold them, now and always.

*V.*      Day by day we bless you;

*R.*      We praise your name for ever.

*V.*      Lord, keep us from all sin today;

*R.*      Have mercy on us, Lord, have mercy.

*V.*      Lord, show us your love and mercy;

R. For we put our trust in you.  
V. In you, Lord, is our hope;  
R. And we shall never hope in vain.

### **The Collect of the Day**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan; Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

### **Seasonal Collect**

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### **A Collect for the Renewal of Life**

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

### **A Prayer for Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

*Let us pray now for our own needs and those of others.*

### **The General Thanksgiving**

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,

and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

Let us bless the Lord.  
Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

*Romans 15:13*