

Morning Prayer

Tuesday after the Fifth Sunday in Lent

I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son."

Luke 15:18, 19

Invitatory and Psalter

BCP p. 80

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Venite

Psalm 95:1-7

The Lord is full of compassion and mercy: Come let us adore him.

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

The Lord is full of compassion and mercy: Come let us adore him.

Psalm 120

BCP p. 778

When I was in trouble, I called to the LORD; *

I called to the LORD, and he answered me.

Deliver me, O LORD, from lying lips *

and from the deceitful tongue.

What shall be done to you, and what more besides, *

O you deceitful tongue?

The sharpened arrows of a warrior, *

along with hot glowing coals.

How hateful it is that I must lodge in Meshech *
and dwell among the tents of Kedar!
Too long have I had to live *
among the enemies of peace.
I am on the side of peace, *
but when I speak of it, they are for war.

Psalm 121

BCP p. 779

I lift up my eyes to the hills; *
from where is my help to come?
My help comes from the LORD, *
the maker of heaven and earth.
He will not let your foot be moved *
and he who watches over you will not fall asleep.
Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
The LORD himself watches over you; *
the LORD is your shade at your right hand,
So that the sun shall not strike you by day, *
nor the moon by night.
The LORD shall preserve you from all evil; *
it is he who shall keep you safe.
The LORD shall watch over your going out and your coming in, *
from this time forth for evermore.

Psalm 122

BCP p. 779

I was glad when they said to me, *
“Let us go to the house of the LORD.”
Now our feet are standing *
within your gates, O Jerusalem.
Jerusalem is built as a city *
that is at unity with itself;
To which the tribes go up, the tribes of the LORD, *
the assembly of Israel, to praise the Name of the LORD.
For there are the thrones of judgment, *
the thrones of the house of David.
Pray for the peace of Jerusalem: *
“May they prosper who love you.
Peace be within your walls *
and quietness within your towers.
For my brethren and companions’ sake, *
I pray for your prosperity.
Because of the house of the LORD our God, *
I will seek to do you good.”

Psalm 123

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To you I lift up my eyes, *
to you enthroned in the heavens.
As the eyes of servants look to the hand of their masters, *
and the eyes of a maid to the hand of her mistress,
So our eyes look to the LORD our God, *
until he show us his mercy.
Have mercy upon us, O LORD, have mercy, *
for we have had more than enough of contempt,
Too much of the scorn of the indolent rich, *
and of the derision of the proud.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson Exod. 5:1-6:1

A Reading from the Book of Exodus.

Afterward Moses and Aaron went to Pharaoh and said, "Thus says the LORD, the God of Israel, Let my people go, so that they may celebrate a festival to me in the wilderness." But Pharaoh said, "Who is the LORD, that I should heed him and let Israel go? I do not know the LORD, and I will not let Israel go."

Then they said, "The God of the Hebrews has revealed himself to us; let us go a three days' journey into the wilderness to sacrifice to the LORD our God, or he will fall upon us with pestilence or sword." But the king of Egypt said to them, "Moses and Aaron, why are you taking the people away from their work? Get to your labors!" Pharaoh continued, "Now they are more numerous than the people of the land and yet you want them to stop working!" That same day Pharaoh commanded the taskmasters of the people, as well as their supervisors, "You shall no longer give the people straw to make bricks, as before; let them go and gather straw for themselves. But you shall require of them the same quantity of bricks as they have made previously; do not diminish it, for they are lazy; that is why they cry, Let us go and offer sacrifice to our God.' Let heavier work be laid on them; then they will labor at it and pay no attention to deceptive words."

So the taskmasters and the supervisors of the people went out and said to the people, "Thus says Pharaoh, I will not give you straw. Go and get straw yourselves, wherever you can find it; but your work will not be lessened in the least." So the people scattered throughout the land of Egypt, to gather stubble for straw. The taskmasters were urgent, saying, "Complete your work, the same daily assignment as when you were given straw." And the supervisors of the Israelites, whom Pharaoh's taskmasters had set over them, were beaten, and were asked, "Why did you not finish the required quantity of bricks yesterday and today, as you did before?"

Then the Israelite supervisors came to Pharaoh and cried, "Why do you treat your servants like this? No straw is given to your servants, yet they say to us, Make bricks! Look how your servants are beaten! You are unjust to your own people." He said, "You are lazy, lazy; that is why you say, Let us go and sacrifice to the LORD.' Go now, and work; for no straw shall be given you, but you shall still deliver the same number of bricks." The Israelite supervisors saw that they were in trouble when they were told, "You shall not lessen your daily number of bricks." As they left Pharaoh, they came upon Moses and Aaron who were waiting to meet them. They said to them, "The LORD look upon you and judge! You have brought us into bad odor with Pharaoh

and his officials, and have put a sword in their hand to kill us.” Then Moses turned again to the LORD and said, “O LORD, why have you mistreated this people? Why did you ever send me? Since I first came to Pharaoh to speak in your name, he has mistreated this people, and you have done nothing at all to deliver your people.”

Then the LORD said to Moses, “Now you shall see what I will do to Pharaoh: Indeed, by a mighty hand he will let them go; by a mighty hand he will drive them out of his land.”

The Word of the Lord.

Thanks be to God.

13. A Song of Praise *Song of the Three Young Men, 29-34*

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

The Second Lesson Mark 9:42-50

A Reading from the Gospel According to Mark.

“If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

“For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.”

The Word of the Lord.

Thanks be to God.

18. A Song to the Lamb

Revelation 4:11, 5:9-10, 13

Splendor and honor and kingly power *
are yours by right, O Lord our God,
For you created everything that is, *
and by your will they were created and have their being;
And yours by right, O Lamb that was slain, *
for with your blood you have redeemed for God,
From every family, language, people, and nation, *
a kingdom of priests to serve our God.
And so, to him who sits upon the throne, *
and to Christ the Lamb,
Be worship and praise, dominion and splendor, *
for ever and for evermore.

The Apostles' Creed

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**I believe in God, the Father almighty,
creator of heaven and earth.**
I believe in Jesus Christ, his only Son, our Lord.
**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**
**He suffered under Pontius Pilate,
was crucified, died, and was buried.**
He descended to the dead.
On the third day he rose again.
**He ascended into heaven,
and is seated at the right hand of the Father.**
He will come again to judge the living and the dead.
**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

BCP p. 97

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,**

thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages for Use in Morning Prayer EOW 1 p. 42

- V. Help us, O God our Savior;
R. **Deliver us and forgive us our sins.**
V. Look upon your congregation.
R. **Give to your people the blessing of peace.**
V. Declare your glory among the nations;
R. **And your wonders among all peoples.**
V. Do not let the oppressed be shamed and turned away;
R. **Never forget the lives of your poor.**
V. Continue your loving-kindness to those who know you;
R. **And your favor to those who are true of heart.**
V. Satisfy us by your loving-kindness in the morning;
R. **So shall we rejoice and be glad all the days of our life.**

The Collect of the Day

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Seasonal Collect

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

A Prayer for Mission

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. **Amen.**

Let us pray for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit,
be with us all evermore. **Amen.**

2 Corinthians 13:14