

## Morning Prayer

### Thursday after the Fifth Sunday of Easter

Christ has entered, not into a sanctuary made with hands, a copy of the true one, but into heaven itself, now to appear in the presence of God on our behalf.

*Hebrews 9:24*

**BCP p. 80**

*Officiant* Lord, open our lips.  
*People* And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.  
Alleluia.

### Christ our Passover

*1 Cor. 5:7-8; Romans 6:9-11; 1 Cor. 15:20-22*

Alleluia.  
Christ our Passover has been sacrificed for us; \*  
therefore let us keep the feast,  
Not with the old leaven, the leaven of malice and evil, \*  
but with the unleavened bread of sincerity and truth. Alleluia.  
Christ being raised from the dead will never die again; \*  
death no longer has dominion over him.  
The death that he died, he died to sin, once for all; \*  
but the life he lives, he lives to God.  
So also consider yourselves dead to sin, \*  
and alive to God in Jesus Christ our Lord. Alleluia.  
Christ has been raised from the dead, \*  
the first fruits of those who have fallen asleep.  
For since by a man came death, \*  
by a man has come also the resurrection of the dead.  
For as in Adam all die, \*  
so also in Christ shall all be made alive. Alleluia.

### Psalm 70

**BCP p. 682**

Be pleased, O God, to deliver me; \*  
O LORD, make haste to help me.  
Let those who seek my life be ashamed  
and altogether dismayed; \*

let those who take pleasure in my misfortune  
draw back and be disgraced.  
Let those who say to me “Aha!” and gloat over me turn back, \*  
because they are ashamed.  
Let all who seek you rejoice and be glad in you; \*  
let those who love your salvation say for ever,  
“Great is the LORD!”  
But as for me, I am poor and needy; \*  
come to me speedily, O God.  
You are my helper and my deliverer; \*  
O LORD, do not tarry.

## Psalm 71

BCP p. 683

In you, O LORD, have I taken refuge; \*  
let me never be ashamed.  
In your righteousness, deliver me and set me free; \*  
incline your ear to me and save me.  
Be my strong rock, a castle to keep me safe; \*  
you are my crag and my stronghold.  
Deliver me, my God, from the hand of the wicked, \*  
from the clutches of the evildoer and the oppressor.  
For you are my hope, O LORD God, \*  
my confidence since I was young.  
I have been sustained by you ever since I was born;  
from my mother’s womb you have been my strength; \*  
my praise shall be always of you.  
I have become a portent to many; \*  
but you are my refuge and my strength.  
Let my mouth be full of your praise \*  
and your glory all the day long.  
Do not cast me off in my old age; \*  
forsake me not when my strength fails.  
For my enemies are talking against me, \*  
and those who lie in wait for my life take counsel together.  
They say, “God has forsaken him;  
go after him and seize him; \*  
because there is none who will save.”  
O God, be not far from me; \*  
come quickly to help me, O my God.  
Let those who set themselves against me be put to shame and be disgraced; \*  
let those who seek to do me evil be covered with scorn and reproach.  
But I shall always wait in patience, \*  
and shall praise you more and more.  
My mouth shall recount your mighty acts  
and saving deeds all day long; \*  
though I cannot know the number of them.

I will begin with the mighty works of the Lord GOD; \*  
I will recall your righteousness, yours alone.  
O God, you have taught me since I was young, \*  
and to this day I tell of your wonderful works.  
And now that I am old and gray-headed, O God, do not forsake me, \*  
till I make known your strength to this generation  
and your power to all who are to come.  
Your righteousness, O God, reaches to the heavens; \*  
you have done great things;  
who is like you, O God?  
You have showed me great troubles and adversities, \*  
but you will restore my life  
and bring me up again from the deep places of the earth.  
You strengthen me more and more; \*  
you enfold and comfort me,  
Therefore I will praise you upon the lyre for your faithfulness, O my God; \*  
I will sing to you with the harp, O Holy One of Israel.  
My lips will sing with joy when I play to you, \*  
and so will my soul, which you have redeemed.  
My tongue will proclaim your righteousness all day long, \*  
for they are ashamed and disgraced who sought to do me harm.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Lessons**

### **The First Lesson**

**Lev. 19:26-37**

A Reading from the Book of Leviticus.

You shall not eat anything with its blood. You shall not practice augury or witchcraft. You shall not round off the hair on your temples or mar the edges of your beard. You shall not make any gashes in your flesh for the dead or tattoo any marks upon you: I am the LORD. Do not profane your daughter by making her a prostitute, that the land not become prostituted and full of depravity.

You shall keep my sabbaths and reverence my sanctuary: I am the LORD. Do not turn to mediums or wizards; do not seek them out, to be defiled by them: I am the LORD your God. You shall rise before the aged, and defer to the old; and you shall fear your God: I am the LORD. When an alien resides with you in your land, you shall not oppress the alien. The alien who resides with you shall be to you as the citizen among you; you shall love the alien as yourself, for you were aliens in the land of Egypt: I am the LORD your God. You shall not cheat in measuring length, weight, or quantity. You shall have honest balances, honest weights, an honest ephah, and an honest hin: I am the LORD your God, who brought you out of the land of Egypt. You shall keep all my statutes and all my ordinances, and observe them: I am the LORD.

The Word of the Lord.

Thanks be to God.

## 8. The Song of Moses

*Exodus 15:1-6, 11-13, 17-18*

I will sing to the Lord, for he is lofty and uplifted; \*  
the horse and its rider has he hurled into the sea.  
The Lord is my strength and my refuge; \*  
the Lord has become my Savior.  
This is my God and I will praise him, \*  
the God of my people and I will exalt him.  
The Lord is a mighty warrior; \*  
Yahweh is his Name.  
The chariots of Pharaoh and his army has he hurled into the sea; \*  
the finest of those who bear armor have been drowned in the Red Sea.  
The fathomless deep has overwhelmed them; \*  
they sank into the depths like a stone.  
Your right hand, O Lord, is glorious in might; \*  
your right hand, O Lord, has overthrown the enemy.  
Who can be compared with you, O Lord, among the gods? \*  
who is like you, glorious in holiness,  
awesome in renown, and worker of wonders?  
You stretched forth your right hand; \*  
the earth swallowed them up.  
With your constant love you led the people you redeemed; \*  
with your might you brought them in safety to your holy dwelling.  
You will bring them in and plant them \*  
on the mount of your possession,  
The resting-place you have made for yourself, O Lord, \*  
the sanctuary, O Lord, that your hand has established.  
The Lord shall reign \*  
for ever and for ever.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## The Second Lesson

**Matt. 6:25-34**

A Reading from the Gospel According to Matthew.

“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ or it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. “So do not worry about tomorrow, for tomorrow will bring worries of its own. Today’s trouble is enough for today.

The Word of the Lord.  
Thanks be to God.

## 20. Glory to God

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

## The Apostles' Creed

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**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,**

**the holy catholic Church,**

**the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body,**

**and the life everlasting. Amen.**

## The Prayers

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*Officiant* The Lord be with you.

*People* And also with you.

*Officiant* Let us pray.

## The Lord's Prayer

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## Suffrages A

*V.* Show us your mercy, O Lord;  
*R.* And grant us your salvation.  
*V.* Clothe your ministers with righteousness;  
*R.* Let your people sing with joy.  
*V.* Give peace, O Lord, in all the world;  
*R.* For only in you can we live in safety.  
*V.* Lord, keep this nation under your care;  
*R.* And guide us in the way of justice and truth.  
*V.* Let your way be known upon earth;  
*R.* Your saving health among all nations.  
*V.* Let not the needy, O Lord, be forgotten;  
*R.* Nor the hope of the poor be taken away.  
*V.* Create in us clean hearts, O God;  
*R.* And sustain us with your Holy Spirit.

## **The Collect of the Day**

Almighty God, whom truly to know is everlasting life: Grant us so perfectly to know your Son Jesus Christ to be the way, the truth, and the life, that we may steadfastly follow his steps in the way that leads to eternal life; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## **A Collect for Guidance**

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

## **A Prayer for Mission**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

*Let us pray now for our own needs and those of others.*

## **The General Thanksgiving**

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Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

Let us bless the Lord. Alleluia, alleluia.

Thanks be to God. Alleluia, alleluia.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

*Romans 15:13*