

Morning Prayer

Wednesday after Pentecost

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer.

Psalm 19:14

BCP p. 80

Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Venite

Psalm 95:1-7

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

Psalm 119: Aleph

BCP p. 763

Happy are they whose way is blameless, *
who walk in the law of the LORD!
Happy are they who observe his decrees *
and seek him with all their hearts!
Who never do any wrong, *
but always walk in his ways.

You laid down your commandments, *
that we should fully keep them.
Oh, that my ways were made so direct *
that I might keep your statutes!
Then I should not be put to shame, *
when I regard all your commandments.
I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.
I will keep your statutes; *
do not utterly forsake me.

Psalm 119: Beth

BCP p. 764

How shall a young man cleanse his way? *
By keeping to your words.
With my whole heart I seek you; *
let me not stray from your commandments.
I treasure your promise in my heart, *
that I may not sin against you.
Blessed are you, O LORD; *
instruct me in your statutes.
With my lips will I recite *
all the judgments of your mouth.
I have taken greater delight in the way of your decrees *
than in all manner of riches.
I will meditate on your commandments *
and give attention to your ways.
My delight is in your statutes; *
I will not forget your word.

Psalm 119: Gimel

BCP p. 764

Deal bountifully with your servant, *
that I may live and keep your word.
Open my eyes, that I may see *
the wonders of your law.
I am a stranger here on earth; *
do not hide your commandments from me.
My soul is consumed at all times *
with longing for your judgments.
You have rebuked the insolent; *
cursed are they who stray from your commandments!
Turn from me shame and rebuke, *
for I have kept your decrees.
Even though rulers sit and plot against me, *
I will meditate on your statutes.

For your decrees are my delight, *
and they are my counselors.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson

Prov. 6:1-19

A Reading from the Book of Proverbs.

My child, if you have given your pledge to your neighbour,
if you have bound yourself to another,
you are snared by the utterance of your lips,
caught by the words of your mouth.
So do this, my child, and save yourself,
for you have come into your neighbour's power:
go, hurry, and plead with your neighbour.
Give your eyes no sleep
and your eyelids no slumber;
save yourself like a gazelle from the hunter,
like a bird from the hand of the fowler.

Go to the ant, you lazybones;
consider its ways, and be wise.
Without having any chief
or officer or ruler,
it prepares its food in summer,
and gathers its sustenance in harvest.
How long will you lie there, O lazybones?
When will you rise from your sleep?
A little sleep, a little slumber,
a little folding of the hands to rest,
and poverty will come upon you like a robber,
and want, like an armed warrior.

A scoundrel and a villain
goes around with crooked speech,
winking the eyes, shuffling the feet,
pointing the fingers,
with perverted mind devising evil,
continually sowing discord;
on such a one calamity will descend suddenly;
in a moment, damage beyond repair.

There are six things that the LORD hates,
seven that are an abomination to him:

haughty eyes, a lying tongue,
and hands that shed innocent blood,
a heart that devises wicked plans,
feet that hurry to run to evil,
a lying witness who testifies falsely,
and one who sows discord in a family.

The Word of the Lord.
Thanks be to God.

11. The Third Song of Isaiah

Isaiah 60:1-3, 11a, 14c, 18-19

Arise, shine, for your light has come, *
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land; *
deep gloom enshrouds the peoples.
But over you the Lord will rise, *
and his glory will appear upon you.
Nations will stream to your light, *
and kings to the brightness of your dawning.
Your gates will always be open; *
by day or night they will never be shut.
They will call you, The City of the Lord, *
The Zion of the Holy One of Israel.
Violence will no more be heard in your land, *
ruin or destruction within your borders.
You will call your walls, Salvation, *
and all your portals, Praise.
The sun will no more be your light by day; *
by night you will not need the brightness of the moon.
The Lord will be your everlasting light, *
and your God will be your glory.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson

Matt. 11:16-24

A Reading from the Gospel According to Matthew.

“But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’ For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.” Then he began to reproach the cities in which most of his deeds of power had been done, because they did not repent. “Woe to you, Chorazin! Woe to you, Bethsaida! For if the deeds of power done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes. But I tell you, on the day of judgment it will be more tolerable for Tyre

and Sidon than for you. And you, Capernaum, will you be exalted to heaven? No, you will be brought down to Hades. For if the deeds of power done in you had been done in Sodom, it would have remained until this day. But I tell you that on the day of judgment it will be more tolerable for the land of Sodom than for you.”

The Word of the Lord.

Thanks be to God.

16. The Song of Zechariah

Luke 1: 68-79

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.
You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

BCP p. 96

**I believe in God, the Father almighty,
creator of heaven and earth.**
I believe in Jesus Christ, his only Son, our Lord.
**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**
**He suffered under Pontius Pilate,
was crucified, died, and was buried.**
He descended to the dead.
On the third day he rose again.
He ascended into heaven,

and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

BCP p. 97

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages A

V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;

R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

The Collect of the Day

Almighty and merciful God, in your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to your purpose; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

Let us pray now for our own needs and those of others.

The General Thanksgiving

BCP p. 101

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you

in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Let us bless the Lord.
Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or
imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for
ever and ever. Amen.

Ephesians 3:20,21