

Morning Prayer

Thursday after Pentecost

The Lord is in his holy temple; let all the earth keep silence before him.

Habakkuk 2:20

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Officiant Lord, open our lips.
People And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Jubilate

Psalm 100

Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.
Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.
For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

Psalm 18: Part I

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I love you, O LORD my strength, *
O LORD my stronghold, my crag, and my haven.
My God, my rock in whom I put my trust, *
my shield, the horn of my salvation, and my refuge;
you are worthy of praise.
I will call upon the LORD, *
and so shall I be saved from my enemies.
The breakers of death rolled over me, *
and the torrents of oblivion made me afraid.
The cords of hell entangled me, *
and the snares of death were set for me.

I called upon the LORD in my distress *
and cried out to my God for help.
He heard my voice from his heavenly dwelling; *
my cry of anguish came to his ears.
The earth reeled and rocked; *
the roots of the mountains shook;
they reeled because of his anger.
Smoke rose from his nostrils
and a consuming fire out of his mouth; *
hot burning coals blazed forth from him.
He parted the heavens and came down *
with a storm cloud under his feet.
He mounted on cherubim and flew; *
he swooped on the wings of the wind.
He wrapped darkness about him; *
he made dark waters and thick clouds his pavilion.
From the brightness of his presence, through the clouds, *
burst hailstones and coals of fire.
The LORD thundered out of heaven; *
the Most High uttered his voice.
He loosed his arrows and scattered them; *
he hurled thunderbolts and routed them.
The beds of the seas were uncovered,
and the foundations of the world laid bare, *
at your battle cry, O LORD,
at the blast of the breath of your nostrils.
He reached down from on high and grasped me; *
he drew me out of great waters.
He delivered me from my strong enemies
and from those who hated me; *
for they were too mighty for me.
They confronted me in the day of my disaster; *
but the LORD was my support.
He brought me out into an open place; *
he rescued me because he delighted in me.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson

Prov. 7:1-27

A Reading from the Book of Proverbs.

My child, keep my words
and store up my commandments with you;
keep my commandments and live,
keep my teachings as the apple of your eye;

bind them on your fingers,
write them on the tablet of your heart.
Say to wisdom, 'You are my sister',
and call insight your intimate friend,
that they may keep you from the loose woman,
from the adulteress with her smooth words.

For at the window of my house
I looked out through my lattice,
and I saw among the simple ones,
I observed among the youths,
a young man without sense,
passing along the street near her corner,
taking the road to her house
in the twilight, in the evening,
at the time of night and darkness.

Then a woman comes towards him,
decked out like a prostitute, wily of heart.
She is loud and wayward;
her feet do not stay at home;
now in the street, now in the squares,
and at every corner she lies in wait.
She seizes him and kisses him,
and with impudent face she says to him:
I had to offer sacrifices,
and today I have paid my vows;
so now I have come out to meet you,
to seek you eagerly, and I have found you!
I have decked my couch with coverings,
coloured spreads of Egyptian linen;
I have perfumed my bed with myrrh,
aloes, and cinnamon.
Come, let us take our fill of love until morning;
let us delight ourselves with love.
For my husband is not at home;
he has gone on a long journey.
He took a bag of money with him;
he will not come home until full moon.'

With much seductive speech she persuades him;
with her smooth talk she compels him.
Right away he follows her,
and goes like an ox to the slaughter,
or bounds like a stag towards the trap
until an arrow pierces its entrails.
He is like a bird rushing into a snare,
not knowing that it will cost him his life.

And now, my children, listen to me,
and be attentive to the words of my mouth.
Do not let your hearts turn aside to her ways;
do not stray into her paths.
for many are those she has laid low,
and numerous are her victims.
Her house is the way to Sheol,
going down to the chambers of death.

The Word of the Lord.
Thanks be to God.

8. The Song of Moses

Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted; *
the horse and its rider has he hurled into the sea.
The Lord is my strength and my refuge; *
the Lord has become my Savior.
This is my God and I will praise him, *
the God of my people and I will exalt him.
The Lord is a mighty warrior; *
Yahweh is his Name.
The chariots of Pharaoh and his army has he hurled into the sea; *
the finest of those who bear armor have been drowned in the Red Sea.
The fathomless deep has overwhelmed them; *
they sank into the depths like a stone.
Your right hand, O Lord, is glorious in might; *
your right hand, O Lord, has overthrown the enemy.
Who can be compared with you, O Lord, among the gods? *
who is like you, glorious in holiness,
awesome in renown, and worker of wonders?
You stretched forth your right hand; *
the earth swallowed them up.
With your constant love you led the people you redeemed; *
with your might you brought them in safety to your holy dwelling.
You will bring them in and plant them *
on the mount of your possession,
The resting-place you have made for yourself, O Lord, *
the sanctuary, O Lord, that your hand has established.
The Lord shall reign *
for ever and for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson

Matt. 11:25-30

A Reading from the Gospel According to Matthew.

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Word of the Lord.
Thanks be to God.

20. Glory to God

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

The Apostles' Creed

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**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

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Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your name for ever.
V. Lord, keep us from all sin today;
R. Have mercy on us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.

V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Collect of the Day

Almighty and merciful God, in your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to your purpose; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

Let us pray now for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;

through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Let us bless the Lord.
Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Romans 15:13