

Morning Prayer

Friday after the Nineteenth Sunday after Pentecost

God is Spirit, and those who worship must worship in spirit and in truth.

John 4:24

Invitatory and Psalter

BCP p. 80

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Venite

Psalms 95:1-7

Worship the Lord in the beauty of holiness: Come let us adore him.

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Worship the Lord in the beauty of holiness: Come let us adore him.

Psalms 140

BCP p. 796

Deliver me, O LORD, from evildoers; *

protect me from the violent,

Who devise evil in their hearts *

and stir up strife all day long.

They have sharpened their tongues like a serpent; *

adder's poison is under their lips.

Keep me, O LORD, from the hands of the wicked; *

protect me from the violent, who are determined to trip me up.

The proud have hidden a snare for me and stretched out a net of cords; *
 they have set traps for me along the path.
 I have said to the LORD, "You are my God; *
 listen, O LORD, to my supplication.
 O Lord GOD, the strength of my salvation, *
 you have covered my head in the day of battle.
 Do not grant the desires of the wicked, O LORD, *
 nor let their evil plans prosper.
 Let not those who surround me lift up their heads; *
 let the evil of their lips overwhelm them.
 Let hot burning coals fall upon them; *
 let them be cast into the mire, never to rise up again."
 A slanderer shall not be established on the earth, *
 and evil shall hunt down the lawless.
 I know that the LORD will maintain the cause of the poor *
 and render justice to the needy.
 Surely, the righteous will give thanks to your Name, *
 and the upright shall continue in your sight.

Psalm 142

BCP p. 798

I cry to the LORD with my voice; *
 to the LORD I make loud supplication.
 I pour out my complaint before him *
 and tell him all my trouble.
 When my spirit languishes within me, you know my path; *
 in the way wherein I walk they have hidden a trap for me.
 I look to my right hand and find no one who knows me; *
 I have no place to flee to, and no one cares for me.
 I cry out to you, O LORD; *
 I say, "You are my refuge, my portion in the land of the living."
 Listen to my cry for help, for I have been brought very low; *
 save me from those who pursue me, for they are too strong for me.
 Bring me out of prison, that I may give thanks to your Name; *
 when you have dealt bountifully with me, the righteous will gather around me.
 Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson Micah 3:9-4:5

A Reading from the Book of the Prophet Micah.

Hear this, you rulers of the house of Jacob and chiefs of the house of Israel, who abhor justice
 and pervert all equity, who build Zion with blood and Jerusalem with wrong! Its rulers give
 judgment for a bribe, its priests teach for a price, its prophets give oracles for money; yet they
 lean upon the LORD and say, "Surely the LORD is with us! No harm shall come upon us."
 Therefore because of you Zion shall be plowed as a field; Jerusalem shall become a heap of
 ruins, and the mountain of the house a wooded height.

In days to come the mountain of the Lord's house shall be established as the highest of the mountains, and shall be raised up above the hills. Peoples shall stream to it, and many nations shall come and say: "Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth instruction, and the word of the LORD from Jerusalem. He shall judge between many peoples, and shall arbitrate between strong nations far away; they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more; but they shall all sit under their own vines and under their own fig trees, and no one shall make them afraid; for the mouth of the LORD of hosts has spoken. For all the peoples walk, each in the name of its god, but we will walk in the name of the LORD our God forever and ever.

The Word of the Lord.
Thanks be to God.

10. The Second Song of Isaiah *Isaiah 55:6-11*

Seek the Lord while he wills to be found; *
 call upon him when he draws near.
Let the wicked forsake their ways *
 and the evil ones their thoughts;
And let them turn to the Lord, and he will have compassion, *
 and to our God, for he will richly pardon.
For my thoughts are not your thoughts, *
 nor your ways my ways, says the Lord.
For as the heavens are higher than the earth, *
 so are my ways higher than your ways, and my thoughts than your thoughts.
For as rain and snow fall from the heavens *
 and return not again, but water the earth,
Bringing forth life and giving growth, *
 seed for sowing and bread for eating,
So is my word that goes forth from my mouth; *
 it will not return to me empty;
But it will accomplish that which I have purposed, *
 and prosper in that for which I sent it.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson Luke 8:1-15

A Reading from the Gospel According to Luke.

Soon afterwards he went on through cities and villages, proclaiming and bringing the good news of the kingdom of God. The twelve were with him, as well as some women who had been cured of evil spirits and infirmities: Mary, called Magdalene, from whom seven demons had gone out, and Joanna, the wife of Herod's steward Chuza, and Susanna, and many others, who provided for them out of their resources.

When a great crowd gathered and people from town after town came to him, he said in a parable: "A sower went out to sow his seed; and as he sowed, some fell on the path and was trampled on, and the birds of the air ate it up. Some fell on the rock; and as it grew up, it withered for lack of moisture. Some fell among thorns, and the thorns grew with it and choked it. Some fell into good soil, and when it grew, it produced a hundredfold." As he said this, he called out, "Let anyone with ears to hear listen!" Then his disciples asked him what this parable meant. He said, "To you it has been given to know the secrets of the kingdom of God; but to others I speak in parables, so that looking they may not perceive, and listening they may not understand." "Now the parable is this: The seed is the word of God. The ones on the path are those who have heard; then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. The ones on the rock are those who, when they hear the word, receive it with joy. But these have no root; they believe only for a while and in a time of testing fall away. As for what fell among the thorns, these are the ones who hear; but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. But as for that in the good soil, these are the ones who, when they hear the word, hold it fast in an honest and good heart, and bear fruit with patient endurance.

The Word of the Lord.
Thanks be to God.

18. A Song to the Lamb *Revelation 4:11, 5:9-10, 13*

Splendor and honor and kingly power *
 are yours by right, O Lord our God,
For you created everything that is, *
 and by your will they were created and have their being;
And yours by right, O Lamb that was slain, *
 for with your blood you have redeemed for God,
From every family, language, people, and nation, *
 a kingdom of priests to serve our God.
And so, to him who sits upon the throne, *
 and to Christ the Lamb,
Be worship and praise, dominion and splendor, *
 for ever and for evermore.

The Apostles' Creed **BCP p. 96**

**I believe in God, the Father almighty,
 creator of heaven and earth.**
I believe in Jesus Christ, his only Son, our Lord.
 He was conceived by the power of the Holy Spirit
 and born of the Virgin Mary.
 He suffered under Pontius Pilate,
 was crucified, died, and was buried.
 He descended to the dead.
 On the third day he rose again.
 He ascended into heaven,

and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

BCP p. 97

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages A

V. Show us your mercy, O Lord;
R. **And grant us your salvation.**
V. Clothe your ministers with righteousness;
R. **Let your people sing with joy.**
V. Give peace, O Lord, in all the world;
R. **For only in you can we live in safety.**
V. Lord, keep this nation under your care;
R. **And guide us in the way of justice and truth.**
V. Let your way be known upon earth;
R. **Your saving health among all nations.**
V. Let not the needy, O Lord, be forgotten;
R. **Nor the hope of the poor be taken away.**

V. Create in us clean hearts, O God;
R. **And sustain us with your Holy Spirit.**

The Collect of the Day

Almighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Robert Grosseteste, Bishop of Lincoln, 1253

O God, our heavenly Father, who raised up your faithful servant Robert Grosseteste to be a bishop and pastor in your church and to feed your flock: Give abundantly to all pastors the gifts of your Holy Spirit, that they may minister in your household as true servants of Christ and stewards of your divine mysteries; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Let us pray for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,

by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine:
Glory to God from generation to generation in the Church, and in Christ Jesus for ever and
ever. **Amen.**

Ephesians 3:20,21