

## Morning Prayer

### The Twentieth Sunday after Pentecost

The Lord is in his holy temple; let all the earth keep silence before him.

*Habakkuk 2:20*

#### Invitatory and Psalter

BCP p. 80

*Officiant* Lord, open our lips.

*People* **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.  
Alleluia.

#### Jubilate

*Psalm 100*

*The earth is the Lord's for he made it: Come let us adore him.*

Be joyful in the Lord, all you lands; \*

serve the Lord with gladness and come before his presence with a song.

Know this: The Lord himself is God; \*

he himself has made us, and we are his; we are his people and the sheep of his pasture.

Enter his gates with thanksgiving; go into his courts with praise; \*

give thanks to him and call upon his Name.

For the Lord is good; his mercy is everlasting; \*

and his faithfulness endures from age to age.

*The earth is the Lord's for he made it: Come let us adore him.*

#### Psalm 146

BCP p. 803

Hallelujah! Praise the LORD, O my soul! \*

I will praise the LORD as long as I live; I will sing praises to my God while I have my being.

Put not your trust in rulers, nor in any child of earth, \*

for there is no help in them.

When they breathe their last, they return to earth, \*

and in that day their thoughts perish.

Happy are they who have the God of Jacob for their help! \*

whose hope is in the LORD their God;

Who made heaven and earth, the seas, and all that is in them; \*

who keeps his promise for ever;

Who gives justice to those who are oppressed, \*

and food to those who hunger.

The LORD sets the prisoners free; the LORD opens the eyes of the blind; \*

the LORD lifts up those who are bowed down;

The LORD loves the righteous; the LORD cares for the stranger; \*  
he sustains the orphan and widow, but frustrates the way of the wicked.  
The LORD shall reign for ever, \*  
your God, O Zion, throughout all generations. Hallelujah!

**Psalm 147**

**BCP p. 804**

Hallelujah! How good it is to sing praises to our God! \*  
how pleasant it is to honor him with praise!  
The LORD rebuilds Jerusalem; \*  
he gathers the exiles of Israel.  
He heals the brokenhearted \*  
and binds up their wounds.  
He counts the number of the stars \*  
and calls them all by their names.  
Great is our LORD and mighty in power; \*  
there is no limit to his wisdom.  
The LORD lifts up the lowly, \*  
but casts the wicked to the ground.  
Sing to the LORD with thanksgiving; \*  
make music to our God upon the harp.  
He covers the heavens with clouds \*  
and prepares rain for the earth;  
He makes grass to grow upon the mountains \*  
and green plants to serve mankind.  
He provides food for flocks and herds \*  
and for the young ravens when they cry.  
He is not impressed by the might of a horse; \*  
he has no pleasure in the strength of a man;  
But the LORD has pleasure in those who fear him, \*  
in those who await his gracious favor.  
Worship the LORD, O Jerusalem; \*  
praise your God, O Zion;  
For he has strengthened the bars of your gates; \*  
he has blessed your children within you.  
He has established peace on your borders; \*  
he satisfies you with the finest wheat.  
He sends out his command to the earth, \*  
and his word runs very swiftly.  
He gives snow like wool; \*  
he scatters hoarfrost like ashes.  
He scatters his hail like bread crumbs; \*  
who can stand against his cold?  
He sends forth his word and melts them; \*  
he blows with his wind, and the waters flow.  
He declares his word to Jacob, \*  
his statutes and his judgments to Israel.  
He has not done so to any other nation; \*  
to them he has not revealed his judgments. Hallelujah!  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Lessons**

### **The First Lesson Micah 6:1-8**

A Reading from the Book of the Prophet Micah.

Hear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD."

"With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

The Word of the Lord.

**Thanks be to God.**

### **16. The Song of Zechariah**

*Luke 1: 68-79*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.  
Through his holy prophets he promised of old, that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.  
You, my child, shall be called the prophet of the Most High, \*  
for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
by the forgiveness of their sins.  
In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
To shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*

as it was in the beginning, is now, and will be for ever. Amen.

## **The Second Lesson Matt. 15:21-28**

A Reading from the Gospel According to Matthew.

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Word of the Lord.

**Thanks be to God.**

## **21. You are God**

**BCP p. 95**

You are God: we praise you; You are the Lord; we acclaim you; You are the eternal Father: All creation worships you. To you all angels, all the powers of heaven, Cherubim and Seraphim, sing in endless praise: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. The glorious company of apostles praise you. The noble fellowship of prophets praise you. The white-robed army of martyrs praise you. Throughout the world the holy Church acclaims you; Father, of majesty unbounded, your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide. You, Christ, are the king of glory, the eternal Son of the Father. When you became man to set us free you did not shun the Virgin's womb. You overcame the sting of death and opened the kingdom of heaven to all believers. You are seated at God's right hand in glory. We believe that you will come and be our judge. Come then, Lord, and help your people, bought with the price of your own blood, and bring us with your saints to glory everlasting.

## **The Apostles' Creed**

**BCP p. 96**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

BCP p. 97

*Officiant* The Lord be with you.

*People* **And also with you.**

*Officiant* Let us pray.

## The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those  
who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## Suffrages A

V. Show us your mercy, O Lord;  
R. **And grant us your salvation.**  
V. Clothe your ministers with righteousness;  
R. **Let your people sing with joy.**  
V. Give peace, O Lord, in all the world;  
R. **For only in you can we live in safety.**  
V. Lord, keep this nation under your care;  
R. **And guide us in the way of justice and truth.**  
V. Let your way be known upon earth;  
R. **Your saving health among all nations.**  
V. Let not the needy, O Lord, be forgotten;  
R. **Nor the hope of the poor be taken away.**

V. Create in us clean hearts, O God;  
R. **And sustain us with your Holy Spirit.**

### **The Collect of the Day**

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### **A Collect for Sundays**

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

### **A Prayer for Mission**

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. **Amen.**

*Let us pray for our own needs and those of others.*

### **The General Thanksgiving** **BCP p. 101**

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. **Amen.**

Let us bless the Lord.

**Thanks be to God.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit,  
be with us all evermore. **Amen.**

*2 Corinthians 13:14*