Morning Prayer

Friday after the Twenty-Second Sunday after Pentecost

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him.

John 4:23

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Officiant Lord, open our lips.

People And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Venite Psalm 95:1-7

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. * Oh, that today you would hearken to his voice!

Psalm 31

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In you, O LORD, have I taken refuge; let me never be put to shame; * deliver me in your righteousness. Incline your ear to me; * make haste to deliver me.

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Be my strong rock, a castle to keep me safe,
  for you are my crag and my stronghold; *
  for the sake of your Name, lead me and guide me.
Take me out of the net that they have secretly set for me, *
  for you are my tower of strength.
Into your hands I commend my spirit, *
  for you have redeemed me,
   O LORD, O God of truth.
I hate those who cling to worthless idols, *
  and I put my trust in the LORD.
I will rejoice and be glad because of your mercy; *
  for you have seen my affliction;
   you know my distress.
You have not shut me up in the power of the enemy; *
  you have set my feet in an open place.
Have mercy on me, O LORD, for I am in trouble; *
  my eye is consumed with sorrow,
   and also my throat and my belly.
For my life is wasted with grief,
  and my years with sighing; *
  my strength fails me because of affliction,
   and my bones are consumed.
I have become a reproach to all my enemies and even to my neighbors,
  a dismay to those of my acquaintance; *
  when they see me in the street they avoid me.
I am forgotten like a dead man, out of mind; *
  I am as useless as a broken pot.
For I have heard the whispering of the crowd;
  fear is all around; *
  they put their heads together against me;
   they plot to take my life.
But as for me, I have trusted in you, O LORD. *
  I have said, "You are my God.
My times are in your hand; *
  rescue me from the hand of my enemies,
   and from those who persecute me.
Make your face to shine upon your servant, *
  and in your loving-kindness save me."
LORD, let me not be ashamed for having called upon you; *
  rather, let the wicked be put to shame;
  let them be silent in the grave.
Let the lying lips be silenced which speak against the righteous, *
  haughtily, disdainfully, and with contempt.
How great is your goodness, O LORD!
  which you have laid up for those who fear you; *
  which you have done in the sight of all
   for those who put their trust in you.
You hide them in the covert of your presence from those who slander them; *
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you keep them in your shelter from the strife of tongues.

Blessed be the LORD! *

for he has shown me the wonders of his love in a besieged city.

Yet I said in my alarm,

"I have been cut off from the sight of your eyes." *

Nevertheless, you heard the sound of my entreaty

when I cried out to you.

Love the LORD, all you who worship him; *

the LORD protects the faithful,

but repays to the full those who act haughtily.

Be strong and let your heart take courage, *

all you who wait for the LORD.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Lesson Ecclus. 11:2-20

A Reading from the Wisdom of Ben Sira.

Do not praise individuals for their good looks,

or loathe anyone because of appearance alone.

The bee is small among flying creatures,

but what it produces is the best of sweet things.

Do not boast about wearing fine clothes,

and do not exalt yourself when you are honoured;

for the works of the Lord are wonderful,

and his works are concealed from humankind.

Many kings have had to sit on the ground,

but one who was never thought of has worn a crown.

Many rulers have been utterly disgraced,

and the honoured have been handed over to others.

Do not find fault before you investigate;

examine first, and then criticize.

Do not answer before you listen,

and do not interrupt when another is speaking.

Do not argue about a matter that does not concern you, and do not sit with sinners when they judge a case.

My child, do not busy yourself with many matters;

if you multiply activities, you will not be held blameless.

If you pursue, you will not overtake,

and by fleeing you will not escape.

There are those who work and struggle and hurry,

but are so much the more in want.

There are others who are slow and need help,

who lack strength and abound in poverty; but the eyes of the Lord look kindly upon them; he lifts them out of their lowly condition and raises up their heads to the amazement of many.

Good things and bad, life and death, poverty and wealth, come from the Lord. The Lord's gift remains with the devout, and his favour brings lasting success. One becomes rich through diligence and self-denial, and the reward allotted to him is this: when he says, and have found rest, and now I shall feast on my goods!' he does not know how long it will be until he leaves them to others and dies.

Stand by your agreement and attend to it, and grow old in your work.

The Word of the Lord. Thanks be to God.

10. The Second Song of Isaiah

Isaiah 55:6-11

Seek the Lord while he wills to be found; * call upon him when he draws near. Let the wicked forsake their ways * and the evil ones their thoughts; And let them turn to the Lord, and he will have compassion, * and to our God, for he will richly pardon. For my thoughts are not your thoughts, * nor your ways my ways, says the Lord. For as the heavens are higher than the earth, * so are my ways higher than your ways, and my thoughts than your thoughts. For as rain and snow fall from the heavens * and return not again, but water the earth, Bringing forth life and giving growth, * seed for sowing and bread for eating, So is my word that goes forth from my mouth; * it will not return to me empty; But it will accomplish that which I have purposed, * and prosper in that for which I sent it. Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen. The Second Lesson Luke 10:38-42

A Reading from the Gospel According to Luke.

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Word of the Lord. Thanks be to God.

18. A Song to the Lamb

Revelation 4:11, 5:9-10, 13

Splendor and honor and kingly power *
are yours by right, O Lord our God,
For you created everything that is, *
and by your will they were created and have their being;
And yours by right, O Lamb that was slain, *
for with your blood you have redeemed for God,
From every family, language, people, and nation, *
a kingdom of priests to serve our God.
And so, to him who sits upon the throne, *
and to Christ the Lamb,
Be worship and praise, dominion and splendor, *
for ever and for evermore.

The Apostles' Creed

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I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins,

The Prayers

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Officiant The Lord be with you. People And also with you. Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

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- And grant us your salvation. R.
- V. Clothe your ministers with righteousness;
- R. Let your people sing with joy.
- V. Give peace, O Lord, in all the world;
- For only in you can we live in safety. R.
- Lord, keep this nation under your care; V.
- And guide us in the way of justice and truth. R.
- V. Let your way be known upon earth;
- Your saving health among all nations. R.
- V. Let not the needy, O Lord, be forgotten;
- Nor the hope of the poor be taken away. R.
- V. Create in us clean hearts, O God;
- And sustain us with your Holy Spirit. R.

The Collect of the Day

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. Amen.

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

Let us pray now for our own needs and those of others.

The General Thanksgiving

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Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Let us bless the Lord.

Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Romans 15:13